

(LITTLE BLUE BOOKLET)

BROUGHT TO YOU BY THE

MUNICIPALITY OF ANCHORAGE DEPARTMENT OF HEALTH & HUMAN SERVICES HUMAN SERVICES DIVISION COMMUNITY SAFETY & DEVELOPMENT AND THE

ANCHORAGE POLICE DEPARTMENT





OCTOBER 2012

CALL DHHS AT (907) 343-6321 FOR QUESTIONS OR COMMENTS RELATED TO THIS BOOKLET

THIS ANCHORAGE

COMMUNITY EMERGENCY AND

ADVOCACY RESOURCES

BOOKLET, ALSO KNOWN AS

THE LITTLE BLUE BOOKLET,

IS PROVIDED AS A GUIDE TO

AVAILABLE SERVICES

AND ASSISTANCE.

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Anchorage Police Department (APD) Related Information

For Emergencies - Dial 911

When you dial 911, a police dispatcher assesses the nature and seriousness of the emergency. Personal safety is the determining factor. An officer will be dispatched to respond based upon the priority assigned the call. Priorities range from 1 (assault in progress, shots fired) to 9 (parking problem). You may be asked to stay on the phone until the officer arrives, especially if an incident is in progress. Once the safety of the caller is assured, the call can be ended. You will be asked to provide your phone number in case there is a need to contact you about the incident in the future.

APD's main focus is protecting people.

Note: You can get help even if you do not speak English or are hearing impaired. Help is available to all persons.

Burglary 786-8600

Definition: when a person enters or remains unlawfully in a building with intent to commit the crime of theft. A burglary case requires: (1) a suspect(s) who can be identified in court and (2) physical evidence, such as fingerprints, that can lead to the identification of a suspect.

If your case meets the above criteria, you may check the status 10 days after the report was made. Have your case number handy when you call. You can add information to your burglary report by filling out a Citizen Follow-Up Report, available from the APD Records Section or online at:

http:/muni.org/apdl/apd9ll.cfm

Burglary Sergeant

786-2679

APD has a Pawnshop Detail that checks for stolen property. Detectives will notify you if your property is located. If you find your property in a pawnshop, advise the Burglary Unit so APD may place a hold on the item(s).

Crime Prevention for Businesses

786-8699

- Make sure doors and windows are secured when leaving the building.
- · Install an alarm system.
- · Keep your building well lit inside and out.
- Prevent 'smash and grab' incidents by removing valuables from front windows after closing.
- Report vandalism immediately to police.
- Remove graffiti as soon as possible to discourage more.

Crime Stoppers

561-STOP (7867)

Call Crime Stoppers if you have information about a crime. If your tip helps lead to the arrest and indictment of a suspect, you may be eligible for a reward of up to \$1,000. You can remain completely anonymous.

Fees for Police Protective Services

If APD responds to any residential property more than eight (8) times in one calendar year, the owner of the property will be required to pay the Municipality of Anchorage (MOA) \$500 for each additional response. MOA will inform the property owner in writing when eight responses have occurred. (Anchorage Municipal Code Chapter 8.80.) Calls for domestic violence are not included.

Getting APD Records or Reports

786-8600

Contact the APD Records Section.

How Do I Get Property Back?

786-8660

To recover property seized by the police, contact the APD Property & Evidence Section. Release of property is by appointment only.

Identity Theft Hotline

1-877-438-4338

or: www.consumer.gov

Impounded Vehicles

343-4575

Call during business hours (M-F, 8 am-5 pm)

Motor Vehicle Accidents

911 or 786-8500

*APD or #APD is a FREE call from many cellular phones.

If there are injuries <u>call 911</u>. If no injuries, <u>call dispatch at 786-8500</u>. Move off the main road and wait for the officer.

If the damage to all vehicles is less than \$1,000, or for minor hitand-run collisions when the suspect is gone from the scene, you can complete a Citizens Accident Report Form for insurance purposes. You can fill out the form online or download it and mail it in. The following website has instructions and links:

http://www.muni.org/Departments/police/forms/Pages/AccRptInfo.aspx

Remember to mail your proof of insurance form to Juneau within 15 days or your license will be suspended.

To Visit A Person Who Has Been Arrested

Arrested adults are held at the Anchorage Correctional Complex at $1400\,\mathrm{E}$. 4th Ave. **Phone:** 907-269-4100.

Persons under 18 years of age will be held at the McLaughlin Youth Center at 2600 Providence Drive. **Phone: 907-261-4399.**

Medical Resources

Hospitals

Alaska Native Medical Center 563-2662
Alaska Regional Hospital 276-1131
Providence Hospital 562-2211
Elmendorf AFB Hospital- Emergency 580-5555

Behavioral Health

Alaska Psychiatric Institute 269-7100

North Star Behavioral Health 258-7575

Psychiatric Emergency Crisis Line 563-3200

National Alliance for the Mentally III, Inc. 277-1300 144 W 15" Ave.

http://www.nami.org/sites/alaska

Education, support, advocacy and research for severe mental illnesses.

Southcentral Foundation 729-4955

4341 Tudor Center Drive

http://www.southcentralfoundation.com

Provides outpatient counseling and psychosocial assessment to people of all ages. Individual, marital, family and group counseling are offered in a culturally appropriate setting.

Clinics

Anchorage Neighborhood Health Center 748-7200

4951 Business Park Blvd.

http://anhc.org/

Primary health care including dental, pediatrics and internal medicine provided. Full lab, x-ray and mammography services. Case management for special populations. Sliding fee scale available for uninsured patients.



Other

Alaskan AIDS Assistance Assn.

263-2050

www.alaskanaids.org

(Four A's) Provides services to individuals and family living with HIV/AIDS.

American Red Cross

646-5400

235 E. 8th Ave., Ste 200

www.alaska.redcross.org

Temporary housing immediately following disasters (e.g. fires, floods, earthquakes).

Death

Homicide, Suicide, Accident, Natural

State Medical Examiner

334-2200

Alaska law requires the Medical Examiner to determine cause of death for all deaths that are:

- Sudden, for persons in apparent good health;
- Not under the care of a physician;
- Suspicious, unusual or unexplained;
- The result of violence;
- Unlawful or due to criminal neglect.

The Medical Examiner's Office does not issue copies of death certificates. Copies can be obtained from Vital Statistics, P.O. Box 110675, Juneau, AK 99811-0675.

Bereavement Support Services

Low or no cost services offering support to persons experiencing the death of a loved one. Many are organized by volunteers who have had similar experiences.

Forget Me Not Grief Program

561-5322

For children, teens and the adults who love them, through Hospice of Anchorage.

Hospice of Anchorage

562-5433

www.hospiceofanchorage.org
A source of current information for grieving families.

Life Alaska Donor Services

562-5433

Provides support/referral services and a current resource list at:

http://www.lifealaska.org/documents/supportlistings.pdf

Lost and Found Self-Help

345-2525

For anyone who has experienced the death of a loved one.

Survivors of Suicide Support Group

272-3100

Help for persons whose loved one has committed suicide - for mature teens and adults.

Alcohol Laws / Emergency Alcohol Services

Driving While Under the Influence (DUI)

A person commits the crime of driving under the influence if s/ he operates, drives, or is in physical control of a motor vehicle, watercraft, or aircraft while under the influence of an alcoholic beverage, inhalant, depressant, hallucinogenic, stimulant, or narcotic drug (defined in AS 11.71.140-190). Consent to a breath test is presumed. Refusal to submit to a breath test carries the same penalties as if convicted of DUI.

- First Offense: 3 days in jail, \$1,500 fine, 90 day license revocation, 30 day vehicle impound.
- Second Offense: 20 days in jail, \$3,000 fine, 1 year license revocation, vehicle forfeited.
- Third Offense: 60 days in jail, \$4,000 fine, 3 year license revocation, vehicle forfeited.



Underage Drinking

Alaska youth under the age of 21 who consume, possess or control alcoholic beverages are subject to AS 04.16.050. Progressive sentencing is imposed.

- First Offense: probation for 1 year, referred to youth court (counseling, education, treatment), community work, a fine up to \$600.
- Second Offense: \$1,000 fine, 48 hours community work, 3 month driver's license revocation.
- Third Offense: 96 hours community service, 6 month driver's license revocation, 1 year probation, juvenile alcohol safety action program.

Municipal Community Service Patrol (CSP)

227-5000

Transports intoxicated individuals from public areas to the Transfer Station, a safe sobering center staffed by trained individuals.

Providence Psychiatric Emergency

562-3300

For individuals in psychiatric and/or substance abuse crisis.

Alcohol Intervention Resources

Akeela, Inc.

565-1200

2804 Bering St. www.akeela.us/

Long-term residential treatment for individuals aged 17+; transitional housing for graduates of other substance abuse programs.

Alcoholics Anonymous (AA)

272-2312

www.aa.org

12 step recovery programs. Call for meeting time/place.

Ernie Turner Center (Cook Inlet Tribal Council)

4330 S. Bragaw St.

www.citci.com/content/residential-back

Prevention and treatment services include residential care, day treatment, outpatient care, elder residential care, continuing care, family strengthening project, counselor training/consultation.

Dena A Coy (Southcentral Foundation)

729-5070

550-2400

4130 San Ernesto Ave.

www.scf.cc/services/denaAcoy.ak

Comprehensive Fetal Alcohol Syndrome (FAS) prevention program. Substance abuse and mental health treatment for women; designed to allow women to remain in treatment throughout the duration of their pregnancy and 10 weeks postpartum.

Homeward Bound (RurAL CAP)

279-7535

120 N. Hoyt St.

www.ruralcap.com

A program of reintegration for the homeless chronic public inebriate population: case management, employment assistance and training, transitional housing and daily living supports.

Salvation Army Adult Rehab Program

562-5408

660 E. 48th Ave.

www.satruck.org/rehabilitation-program

Serves men with alcohol, drug abuse, or other treatable disorders.

Salvation Army Clitheroe Center

243-1181

1015 E. 6th Ave.

www.salvationarmy.org/clitheroe

In/outpatient treatment for men, single women or women with children. Provides detox, residential program, outpatient counseling, aftercare, dual diagnosis and vocational education services.

ARCH (Volunteers of America)

279-9634

1675 C St.

www.voaak.org/

Serves chemically dependent adolescents, ages 12 through 18, in a homelike environment.



Homeless And Near Homeless Resources

Emergency shelters offer overnight beds for homeless adults, teens, and victims of domestic violence (and their children.)

Anchorage Rescue Mission

563-5603

2823 Tudor Rd.

www.anchoragerescue.org

Night shelter for men (30 beds) and women (10 beds), 18 years of age, meals (breakfast and dinner). Chapel and spiritual counseling.

Bean's Cafe/Day Shelter

274-9595

277-1731

276-1609

1101 E. 3rd Ave.

www.beanscafe.org

Day shelter and meals. Day labor.

Brother Francis Shelter (Catholic Social Services)

1021 E. 3rd Ave.

www.cssalaska.org/html/programs/brother-francis.php

Night shelter for 150 adult men and women, 18+ years of age. Dinner nightly at 7 p.m. Hours: 5:30 p.m. to 7 a.m.

Clare House (Catholic Social Services) 563-4545

www.cssalaska.org/html/programs/clare-house/php

Temporary, emergency 24-hour shelter for women and women with children. Meals are provided to residents. 45 beds.

Covenant House Alaska (Catholic Social Services) 272-1255 609 F Street

www.covenanthouseak.org/

Crisis shelter, food, clothing, family mediation, counseling and health care to runaway homeless youth, ages 13-21. 40 beds.

McKinnell Shelter (Salvation Army)

546 E. 15th Ave.

Temporary shelter to 2-parent families, and single male parents with children. 35 beds.

Salvation Army Cares For Kids

276-8511

3745 Commercial Park Loop, Ste 101

Upon referral from SOA Office of Children's Services, provides 24 hour crisis care for children from birth to 11 years of age.

St. Francis House (Catholic Social Services)

276-5590

3710 E. 20th Ave.

www.cssalaska.org/html/programs/st.-francis-house.php

Emergency food, clothing, household goods and direct financial assistance to prevent homelessness.

Legal and Court Resources

Alaska Legal Services Corporation

272-9431

1016 W. 6th Ave., Ste 200

www.alsc-law.org

Helps low-income individuals. Priority given to entitlement, health benefit, family law (divorce, custody, domestic violence), housing, rights of the elderly, and Alaska Native rights cases.

Alaska Native Justice Center

793-3550

3600 San Jeronimo Dr., Ste 264

www.anjc.org

Legal advocacy services, technical assistance, referrals, one-on-one education for victims or defendants in the Alaska justice and child welfare systems. Promotes justice through culturally based advocacy, prevention.

If You Need a Private Attorney Alaska Bar Association Lawyer Referral Service 272-0352 No fee

Alaska Immigration Justice Project

279-2457

431 W. 7th Ave., Ste 208

www.akijp.org

Provides low-cost legal services for all immigration applications, including citizenship, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

Catholic Social Services

276-5590

3710 E. 20th Ave.

www.cssalaska.org

Cash assistance, medical coverage and case management services for eligible individuals. Basic services are provided at a nominal fee: assistance with work permits, green cards and naturalizations. Consultations provided.

Covenant House Alaska (Catholic Social Services)

Community Service Center

750 W. 5th Ave.

www.covenanthouseak.org

Legal Street Program- Free legal information and assistance for youth. Call for schedule.

Disability Law Center

565-1002

339-4430

3330 Arctic Blvd., Ste 103

www.dlcak.org

Represents disabled individuals on issues related to their disability.

Municipal Prosecutors Office

Victim Witness Coordinator is point of contact for victims of crime.

Office of Elder Fraud & Assistance

334-4989

900 W. 5th Ave. Ste 525

http://doa.alaska.gov/opa/oefa/

Addresses all forms of financial exploitation and coordinating related services for Alaska population. Goal is to ensure that every elder victim who wants assistance receives it from existing sources and when unavailable to provide individual civil representation.

State of Alaska Victim-Witness Program
District Attorney's Office

Statewide 1-800-770-8622

Provides information on case status and court proceedings, victim rights, violent crimes compensation, restitution, return of property, witness fees, and assists with travel/accommodations for out-of-towners.

VINE

1-800-247-9763

269-6300

(Victim Information and Notification Everyday) Notification of offender's custody status.

Hate Crime Resources

Federal Hate Crime Statute Title 178, U.S.C., Section 245

A hate crime is any act intended to cause injury because of a person's race, color, religion or national origin while they are:

- A student at a public school or college.
- Receiving services from a state or local government.
- Applying for or performing a private or state job, or joining a labor union.
- · Serving as jurors in state court.
- Traveling on public transportation.
- Staying at a hotel, motel or eating at a restaurant.

It is also a hate crime to threaten or interfere with anyone who helps victims of these activities.

U.S. Department of Justice

1-(206) 220-6700

www.justice.gov

Monitors hate crimes and racial tension on the federal level, and assists State and local officials resolve and prevent racial and ethnic conflict.



MOA Equal Rights Commission

343-4342

632 W. 6th Ave., Ste 110

www.muni.org/departments/aerc

Investigates complaints of discrimination, educates the community about the laws prohibiting discrimination, and provides referral services.

American Civil Liberties Union of Alaska

276-2258

1057 W. Fireweed Lane, Ste 207

www.akclu.org

The ACLU of Alaska and the ACLU of Alaska Foundation are non-partisan organizations dedicated to advancing the cause of civil liberties in Alaska. The former fulfills its mission through legislative advocacy, coalition building, and grassroots advocacy. The latter pursues the same mission through public education and legal action.

Anchorage Community Police Relations Task Force

(Municipal Equal Rights Commission)

343-4342

632 W. 6th Ave. Ste 110

www.muni.org/departments/aerc/pages/AnchorageCommunity

PoliceRelationsTaskForce.aspx

Monitors incidents involving minority citizens and Anchorage Police Department (APD) and serves as a liaison between the minority community, citizens and APD.

Anchorage Community Diversity Advisory Commission

(Municipal Office of Equal Opportunity)

632 W. 6th Ave., Ste 620

Increases awareness and appreciation for racial and ethnic diversity, hears and reviews public concerns and makes recommendations to the Mayor's Office of Equal Opportunity.

Alaska State Commission for Human Rights

274-4692

800 A Street, Ste 204 www.humanrights.alaska

Also: Anchorage Area TTY/TDD

907-276-3177

Toll-Free Hot Line (in-state only)

800-478-4692

TTY/TDD Toll-Free Complaint Hot Line (in-state only) 800-478-3177

The Alaska State Commission for Human Rights enforces the Alaska Human Rights Law (AHRL) (AS 18.80.100). It is unlawful to discriminate because of race, religion, color, national origin, sex or physical and mental disability in:

- Employment: applying for or performing a private or government job.
- Financing and credit: applying for home or car loans, credit cards or performing credit checks.
- Receiving services from state or local government.
- Places of public accommodation: staying at a hotel or motel or eating at a restaurant.
- Sale or rental of real property: rental, sale or purchase of real estate as in a home or land.

Disabilities

Americans With Disabilities Act (ADA)

ADA defines disability as a physical or mental impair-ment that substantially limits a person's major life activities, such as walking, seeing, hearing, breathing, sitting, standing, lifting, learning and thinking.

ADA prohibits discrimination for a disability in employment, state and local government services, public accommodations, commercial facilities, transportation, and telecommunications.

Access Alaska 248-4777

121 W. Fireweed Lane, Ste 105

www.accessalaska.org

Helping seniors and Alaskans with disabilities find information and access resources, advocate for change, hire personal care attendants, secure funding, training and services to lead the most independent, inclusive, productive, and satisfying lives possible.

Aging and Disability Resource Center

343-7770

825 L Street, Ste 203

 $http://www.muni.org/Departments/health/services/Pages/ADRC. \\ aspx$

The place to start with questions about long-term care information and services available to assist seniors or those disabled in the community. Contact a trained & certified Resource Specialist for an in-depth conversation on what your options are.

Americans With Disabilities Act Advisory Commission

825 L Street

343-4670

Commission advocates for persons with disabilities and advises the Mayor and Assembly on concerns, solutions and quality of life for persons with disabilities.

Assets, Inc. 279-6617

2330 Nichols St.

www.assetsinc.org

Provides supported living and employment services to individuals who experience substantial disabilities.

Disability Law Center

565-1002/TTY

Toll-Free (in-state) 1-800-478-1234

www.dlcak.org

Provides legal advocacy services to people with disabilities in Alaska.

Hope Community Resources Inc.

561-5335

Toll-Free (in-state) 1-800-478-0078

540 W. International Airport Rd.

www.hopealaska.org

Provides individually designed services and support for people and their families who experience disabilities.

The Arc of Anchorage

277-6677

2211 Arca Dr.

www.the arco fan chorage.org

Assists individuals who experience developmental disabilities or mental illness.

Deaf and Hard of Hearing Center

276-3456

2211 Arca Dr.

www.thearcofanchorage.org

Provides services to hard of hearing and deaf adults with independent living skills.

Gay and Lesbian Community Resources

Identity Inc.

258-4777 or 1-888-901-9876

336 E. 5th Ave.

http://www.identityinc.org email: info@identityinc.org A Gay, Lesbian, Bisexual, Transgender and Allied organization that provides information, referrals and a sympathetic ear.

Also houses the Gay and Lesbian Community Center of Anchorage (GLCCA), a meeting place for gay, lesbian, bisexual and transgendered individuals of all ages and ethnicities. 929-GLBT (4258)

Parents, Families and Friends of Lesbians and Gays (PFLAG)

(Anchorage Chapter)

666-1813

www.identityinc.org/pflag - email: PFLAG-Anchorage @ gci.net Provides quarterly support meetings with confidential dialogue about sexual orientation. Parents, friends and children are welcome.

Youth Resource Center

258-4237

Covenant House Alaska, 750 W. 5th Ave. 1st and 3rd Tuesday of each month at 4:30 pm

"Legal Street* - Free legal information and assistance for youth.

State of Alaska Victims' Rights

Law enforcement agencies, prosecutors, corrections agencies, social services agencies, and the courts shall make every reasonable effort to ensure that victims of crimes receive the rights set forth in this section. However, a failure to ensure these rights does not give rise to a separate cause of action against law enforcement agencies, other state agencies, or a political subdivision of the state.

Victims of crimes have the following rights:

- to be present during any proceeding in the prosecution and sentencing of a defendant if the defendant has the right to be present, including being present during testimony even if the victim is likely to be called as a witness;
- to be present during the adjudication of a minor (AS 47.12.110);
- to be notified of the date of trial, sentencing, appeal, and any hearing in which the defendant's release from custody is considered;
- to be notified that a court proceeding to which the victim has been subpoenaed will not occur as scheduled;
- to receive protection from harm and threats of harm arising out of cooperation with law enforcement and prosecution efforts;
- to be notified of the procedure to be followed to apply for and receive any compensation under AS 18.67;
- to cooperate with the criminal justice process without loss of pay and other employee benefits except as authorized by AS 12.61.017 and without interference by the victim's employer;
- to obtain access to immediate medical assistance and not to be detained for an unreasonable length of time by a law enforcement agency before having medical assistance administered; however, law enforcement personnel may, if necessary, accompany the victim to a medical facility to question the person about the criminal incident so long as it does not hinder the administration of medical care;
- to make a written or oral statement for use in preparation of the presentence report of a felony defendant;
- to appear personally at the defendant's sentencing hearing to present a written statement, sworn testimony or an unsworn oral presentation;
- to be informed by the prosecuting attorney, after the defendant's conviction, about the complete record of the defendant's convictions;

· to notice:

- o concerning the status of the defendant found not guilty by reason of insanity (AS 12.47.095);
- o of a hearing concerning special medical parole of the defendant (AS 33.16.087);
- o of a hearing to consider or review discretionary parole of the defendant (AS 33.16.120); and
- o of the release or escape of the defendant (AS 33.30.013).

Victims' Rights Resources

Office of Victims' Rights

272-2620

1007 W. 3rd Ave., Ste 205 Toll-Free (in-state) 1-866-274-2620

www.officeofvictimsrights.legis.state.ak.us email: officeofvictimsrights@legis.state.ak.us

Agency of the Alaska Legislature. Provides free legal services to victims of crime to help them obtain the rights guaranteed under the Alaska Constitution and by statute regarding contacts with police, prosecutors, judges, and other criminal justice agencies. Also advances and protects those rights in court when necessary and authorized by law.

Victim-Witness Assistance Program

269-6300

State of Alaska Toll-Free (in-state) 1-800-770-8622

Department of Law, Criminal Division, District Attorney's Office http://law.alaska.gov/department/criminal/victims_assist.html.

Provides information on case status and court proceedings, victim rights, compensation and restitution, return of property, witness fees, and with travel and hotels if you come from out-of-town. Referrals to agencies for crisis intervention, shelter, legal, medical, social and mental health needs.

Web page offers downloadable resources including:

- Victims' Rights Handbook
- Crime Victims' Rights Brochure
- Information on Domestic Violence Brochure
- · Information on Sexual Assault Brochure
- Information on Safety Planning Brochure

Available in English, Spanish, Tagalog, Korean and Russian.

Violent Crimes Compensation Board (VCCB)

State of Alaska

Toll-Free (in-state) 1-800-764-3040

Department of Administration P.O. Box 111200, Juneau, AK 99811

http://doa.alaska.gov/vccb/

email: doa.vccb@alaska.gov

Established to help bring financial relief to innocent victims of violent crimes in Alaska. Fosters victim advocacy and victim recovery. Applications are available from the VCCB website, the Anchorage Police Department, State Troopers, District Attorney's Office, or local hospitals.

Victim-Witness Coordinator, Municipal Prosecutor's Office Department of Law 343-4250

632 W. 6th Ave., Ste 210

Assists crime victims with the criminal process, including preparation of victim impact statements, trial process, restitution and Violent Crimes Compensation Board (VCCB) applications, registration with Victim Information Notification Everyday (VINE), referrals for appropriate resources and accompaniment to hearings.

Municipal Ombudsman

343-4461

632 W. 6th Ave., Ste 160

An independent, impartial municipal office, readily available to the public and responsible to the Assembly. Investigates Municipal agencies and the Anchorage School District to recommend appropriate changes to safeguard the rights of persons and to promote higher standards of competency, efficiency, and equity in the provision of municipal services.

Victim Support Resources

If you have been the victim of a crime, you may experience the following reactions:

- Fear the criminal will return or the same thing will happen again;
- Shock, numbness, or disbelief that it happened to you;
- Stress and anxiety about what to do next, and how to remedy damage done;
- Loss of sleep, appetite or other physical disorders;
- Difficulty trusting others or feeling secure; and/or
- Anger over having your person, your possessions or your space violated.

Sources for support come in different forms. Help can be formal such as counselors or health care workers. Or perhaps talking with a police chaplain or member of the faith community would be helpful. Deciding who to turn to is a very personal choice and may take time.

Alaska 2-1-1

www.alaska211.org Toll-Free (in-state) 1-800-478-2221
A free, confidential and multilingual statewide health and human services information and referral system operated by United Way of Anchorage on behalf of Alaska United Ways.

Alaska Police & Fire Chaplains Ministry

272-3100

2221 E. Northern Lights Blvd, Ste 137

www.apcm.org email: apcm@apcm.org Provides crisis intervention services and emergency mental health

services to stabilize individuals involved in traumatic events. Primary focus is to meet the needs of "survivors and rescuers."

Victims For Justice

278-0977

1057 W. Fireweed Ln., Ste 101 Toll-Free (in-state) 1-888-835-1213 www.victimsforjustice.org/

Serves victims of violent crime and the survivors of victims of homicide. Seeks to reduce the impact of crime on victims, their families and the community through crisis intervention; individual and peer support; specialized grief education; community education; and advocacy and assistance.



Advocacy and Support Resources

Access Alaska 248-4777

121 W. Fireweed Lane, Ste 105

www.accessalaska.org

We help seniors and Alaskans with disabilities find information and access resources, advocate for change, hire personal care attendants, secure funding, training and services to lead the most independent, inclusive, productive, and satisfying lives possible.

343-7770

Aging and Disability Resource Center

825 L Street, Ste 203

http://www.muni.org/Departments/health/services/Pages/ADRC.

The place to start with questions about long-term care information and services available to assist seniors or those disabled in the community. Contact a trained & certified Resource Specialist for an in-depth conversation on what your options are.

Alaska Women's Resource Center 279-5000

505 W. Northern Lights Blvd.

Serves women who are affected by substance abuse, together with pregnancy, parenting, domestic violence and under employment issues.

Deaf and Hard of Hearing Center 276-3456

2211 Arca Dr.

www.thearcofanchorage.org

Provides services to hard of hearing and deaf adults with independent living skills.

Municipal Senior Citizens Commission 343-7770

825 L Street

Commission advocates for and advises the Municipality on concerns, solutions and quality of life for senior citizens.

The Arc of Anchorage

277-6677

2211 Arca Dr.

www.thearcofanchorage.org

Assists individuals who experience disabilities.

The Center For Men & Women

272-4822

600 Cordova St., Ste 3

Provides domestic violence intervention and anger management for men and women, as well as individual and couples counseling. State approved domestic violence intervention program.

The Recovery Connection

332-7660

500 Muldoon Rd., Ste 9

State approved domestic violence intervention program.

Military and Veteran Resources

Joint Base Elmendorf-Richardson (JBER) is an combination of the former United States Air Force Elmendorf Air Force Base and the United States Army Fort Richardson Post, which were merged in 2010.

Consoilidated Military Information/Operator

EAFB: 552-1110 / Ft. Richardson: 384-1110

or DSN 317-552-1110 or 317-384-1110

Military and Family Readiness Center

552-4943

(Family Support Center)

8535 Wewak Drive, EAFB

http://www.elmendorf-richardson.com/mfrc/index.php?id=101

Promotes healthy military families and communities; provides crisis intervention, family life skills, marital and parent counseling services.

JBER Sexual Assault Prevention and Response Office

Victim advocates provide essential support, liaison services, and care to sexual assault victims.

24/7 SAPRP Hotline: 384-7272

Sexual Assault Response Coordinator: 384-6948

Chaplain: 384-5433

Community Mental Health: 384-0405

JBER-Elmendorf Emergency Room: 580-5555

JBER-Richardson Military Police (MP): 384-0823

3rd Medical Center 580-5858

(Elmendorf Hospital)

5955 Zeamer Ave.

Includes the Family Advocacy Program, the New Parent Support Program, and the Exceptional Family Member/Special Needs Program.

JBER Chapel 552-4422

www.jber.af.mil/library/factsheets/factsheet.asp?id=14807

Numerous locations and denominations. Offers ministries for singles, couples, children and young adults, as well as religious education and worship. A healthy place to worship, learn, socialize, question and explore. "Your well-being is our mission."

Legal Services/JAG 384-0371

Building 600, Room 305, JBER-Ft. Richardson.

Armed Services YMCA of Alaska

Elmendorf: Bldg 7135, 7135 Doolittle St. 552-9622 Ft. Richardson: Bldg 655, 7179 Fighter Dr. 384-9622

www.asymcaofalaska.com

Serving our service men and women with outreach, family programs, financial assistance, and recognition.

Military and Family Life Consultants (MFLC) 428-6662 Confidential cell phones: 382-1795 OR 382-1408

Ask for an "MFLC." Consultants provide help with managing and coping with stress; returning to familial and social relationships; dealing with anger effectively; education and support for families experiencing deployment, reunion or homecoming issues; restoring hope, optimism and direction.

Alaska Military Family Assistance Center 428-6663 or Toll Free 1-888-917-3608

Helps direct military families to a wide variety of resources.

Alaska VA Healthcare System Regional Office 257-4700

1201 N. Muldoon Rd.

http://www.alaska.va.gov/

Serves Alaska's extremely large veteran population with a broad base of services and support.

Domiciliary Care for Homeless Veterans

273-4000

3001 C Street

http://www.va.gov/HOMELESS/treatment.asp

Provides medical, social, spiritual, psychological, vocational and economical rehabilitation to eligible homeless veterans.

Anchorage Vet (Resource) Center

563-6966

4400 Business Park Blvd., Ste B-34

Provides individual and group counseling, benefit assistance and referral, employment referral, counseling and guidance, alcohol/drug counseling, and marital/family counseling. Also has a women's veterans sexual trauma counseling program.

Family and Parenting Resources

The Alaska Parent Line

1-800-643-KIDS (5437)

Alaska Regional Hospital Parent Classes

264-1773

Booth Memorial Youth and Family Services

279-0522

(Salvation Army)

3600 E. 20th Ave.

Offers family support and parenting classes for parents with infants and toddlers. Teaches parents to develop health life skills and relationships. One-on-one assistance in the home for parenting.

Catholic Social Services Parent Groups

276-5590 793-3600

Cook Inlet Tribal Council

3600 San Jeronimo Dr. www.citc.com

Family Services Parenting classes available to Alaska Native/ American Indian families, or children.

Parents, Inc.

337-7678

4743 E. Northern Lights Blvd.

www.parentsinc.org

A network of mutual support programs for parents who want to improve their relationships with their children, strengthen their families, and reduce the stress associated with parenting.

Providence Alaska Learning Institute

261-3011

www.alaska.providence.org/media/education/Pages/default.aspx Committed to building strong, healthy families in our communities, offering comprehensive programs of parenting and childbirth classes in Alaska.

thread 265-3100

3350 Commerical Dr., Ste 203

www.threadalaska.org

Caring for young children is rewarding, but often challenging. thread aims to empower parents and early educators with information and resources that will support meaningful adult/child relationships and healthy child development.

Young Families Program

729-5217

Southcentral Foundation

Parent training for enrolled children. Parenting groups for families with children 0 to 5 years old. Play groups for children 0 to 3 years. Alaska Native/American Indian preference.

Interpersonal Violence Resources

Statutes

Child Abuse and Neglect: AS 47.10.019

In Alaska, child abuse consists of any act that endangers or impairs a child's physical or emotional health and development. Child abuse includes any harm done to a child that appears to be non-accidental in nature, and which cannot be reasonably explained. The abuse may be physical, sexual or emotional. Neglect is failure to provide for a child's physical needs.

Family Violence: Anchorage Municipal Code 8.10.050

A person commits the crime of family violence when the person commits the crime of assault ... with knowledge or reckless disregard of the presence of a child or children in the home.

Governor's Initiative

Choose Respect

Alaskans ending the epidemic of domestic violence and sexual assault

http://gov.alaska.gov/parnell/priorities/chooserespect/links-to-organizations.html

Information on Youth Violence, Dating Violence and Bullying

Youth violence ranges from child abuse, gang violence, bullying, hate crimes, and rape and murder. Dating violence occurs when one person in a dating relationship threatens or injures his/her girlfriend or boyfriend. The violence can be emotional, physical, or sexual. Both girls and guys are hurt.

Bullying occurs when a person hurts or threatens someone with less power physically, verbally, or in writing, on more than one occasion. If you are bullied at or near school, tell an adult you trust. School staff want to know if bullying is happening and will help you figure out how to stop the bullying. If you are bullied at other places, tell your parent/guardian or some other adult you trust.

The risks of dating violence increase for kids who...

- Believe it's OK to use threats or violence to get what they want or solve problems.
- · Use alcohol or drugs.
- · Lack the ability to manage anger or frustration.
- · Lack social skills.
- · Socialize with violent peers.
- · Have learning difficulties and other problems at school.
- · Lack parental oversight and support.
- Witness abuse between parents at home.
- · Have a history of aggressive behavior or bullying.
- Live in violent communities and hence may see violence as acceptable dating behavior.
- Have low self esteem and/or depression, which increase the risk of becoming involved in an abusive relationship.

There are warning signs that someone is being abused, or that they may be abusing others.

Warning signs that someone is being abused:

- Isolation from family and friends.
- · Suspicious bruises or injuries.
- · Loss of interest in activities and hobbies.
- Making excuses for the dating partner's behavior.
- Noticeable changes in eating or sleeping patterns.
- · Drug or alcohol use.
- Loss of confidence.

Warning signs that someone may be an abuser:

- Threatening to hurt others.
- Insulting a dating partner in public or private.
- · Constantly checking up on the dating partner.
- Damaging/destroying a dating partner's belongings.
- Attempting to control what the dating partner wears, who s/he sees and where s/he goes.

Office of Children's Services

269-4000

State of Alaska, 323 E. 4th Ave.

www.hss.alaska.gov/ocs/

Child protection services to identify, treat, and reduce child abuse and neglect. Reasonable efforts are made to protect and maintain children in their own homes. Assists families in diagnosing and resolving problems, investigates reports of harm, refers families to community resources, and initiates legal intervention. Provides out-of-home placements or permanency planning.

Salvation Army Cares For Kids

276-8511

3745 Commercial Park Loop, Ste 101

Provides 24 hour crisis care for children from birth to 11 years of age. Referrals are made by SOA Office of Children's Services.

Anchorage Police Department

786-2664 OR 786-8753

Call for presentations about gangs for your school, church, business, or community group.



Parent Information

Visit these web sites provided by U.S. Department of Justice, Office of Community Oriented Policing, and the Office of Juvenile Justice and Delinquency Prevention Program which provides information on: What Parents Can Do To Prevent Gang Involvement and A Parent's Quick Reference Card: Warning Signs That Your Child May Be Involved with a Gang

www.cops.usdoj.gov and www.ojjdp.ncjrs.org

Alaska Youth & Parent Foundation

929-2633

700 W. 6th Ave., Ste 206

www.aypfalaska.org/

Information to youth and families on Alaska juvenile law, short-term counseling and community education. Also includes the Peer Outreach Worker Education and Referral Program (P.O.W.E.R.).

Covenant House Youth Resource Center

339-4458

750 W. 5th Ave.

www.covenanthouseak.org/community_services_center.html Individual and group offerings include counseling and referral, pre-employment skill development, medical clinic, educational services, food and clothing, specific classes/ groups, and an outreach program.

Youth Resources

Alaska Children's Services

346-2101

4600 Abbott Rd.

www.akchild.org

Care and treatment for children and families who need special assistance to develop self-esteem. Residential treatment for children/adolescents with moderate to severe emotional and behavioral disorders.

Cook Inlet Tribal Council Family Services

265-5911

670 W. Fireweed Lane

www.citc.com

Services for families at risk through family assessment workers, family support plans and services for Alaska Native families.

Covenant House Crisis Center 609 F Street 272-1255

Youth Resource Center 750 W. 5th Ave. 258-4237

Individual and group offerings include counseling and referral, preemployment skill development, medical clinic, educational services, food and clothing, specific classes/groups, and an outreach program.

Covenant House

Toll Free # 1-800-999-9999

Missing and Runaway Children

Covenant House Alaska and the Anchorage Police Department's Crimes Against Children Unit assist parents and families with resources and reporting. For national support and resources contact the National Center for Missing & Exploited Children.

Missing Persons Clearinghouse

269-5497

5700 E. Tudor Rd.

National Center for Missing Toll Free & Exploited Children www.beyondmissing.com 1-800-THE-LOST (1-800-843-5678)

APD Detective - Crimes Against Children Unit

786-8817

Elder Abuse

Harm to vulnerable adults resulting from abandonment, abuse, exploitation, neglect or self-neglect. This abuse is intentional or reckless non-accidental non-therapeutic infliction of pain, injury, or mental distress and includes sexual assault of a vulnerable adult. See page 32 for sexual assault information.

Adult Protective Services

269-3666

State of Alaska, 3601 C Street, Ste 310 Toll Free 1-800 478-9996 www.hss.state.ak.us/dsds/aps.htm

Information and referral, investigation of reports, protective placement, guardianship or conservatorship counseling, care coordination, training and designation of local community resources to provide services. Intervention and prevention of harm from occurring to vulnerable adults.



Office of the Long Term Care Ombudsman

334-4480

State of Alaska Toll Free 1-800-730-6393

3745 Community Park Loop, Ste 200

www.akoltco.org

The Long Term Care Ombudsman is a specially trained and certified state employee. The Ombudsman can investigate and resolve complaints, visit homes to meet with residents and evaluate conditions and ensure that residents are receiving legal, financial, social, medical, rehabilitative and other services to which they are entitled.

Animal Abuse

Animal abuse occurs when a person knowingly inflicts severe physical pain or prolonged suffering on an animal; or fails to care for an animal, causing harm or death. It has been identified as an indicator of domestic violence. When animals are abused, people are often at risk; when people are abused, animals are likewise in danger. See page 33 for domestic violence information.

Animal Control Dispatch

343-8119

4711 S. Bragaw St.

Responds to requests for services regarding animal cruelty, animal bites, loose animals, barking dogs, and injured animals.

Friends of Pets

562-2535

Provides safe haven for pets belonging to women needing to enter AWAIC (coordinated by AWAIC staff). Can provide monetary assistance for emergency pet medical needs and housing for pets during crisis. A food bank of pet food is also available.

Sexual Assault

Sexual Assault is a crime and occurs when consent is not given for sexual contact, intercourse, or penetration. Objects or weapons can be used for penetration. It is also a crime if someone attempts to have sexual contact, intercourse or penetration with someone without their consent or if one consents under threats of harm. Males and females can be victims. Incest is a sexual assault crime when a person 18 years of age or older has sex with a person who is related by whole or half blood, such as their parent, child, sibling, grandparent, grandchild, uncle, aunt, cousin, nephew or niece.

Standing Together Against Rape (STAR) 276-7279 1057 W. Fireweed Lane, Ste 230 (24 hour crisis line) 276-7273 www.staralaska.com

Serves victims of sexual assault, their families and friends. Offers legal referrals (if requested), court advocacy and monitoring, assistance with obtaining sexual assault, stalking and domestic violence protective orders, support groups, and counseling. Also offers specialized client and educational services for children, Alaska Natives, seniors, and the developmentally disabled.

Municipal Sexual Assault Response Team (SART) 343-4697 1200 Airport Heights Dr., Ste 275

The SART team includes law enforcement, specially-trained nurses and a Standing Together Against Rape (STAR) advocate to provide emotional support and information. Medical examinations are provided and an investigation is conducted.

JBER Sexual Assault Prevention and Response Office

24 / 7 Hotline 384-7272

Victim advocates provide essential support, liaison services, and care to sexual assault victims.

Sexual Assault Response Coordinator	384-6948
Chaplain	384-5433
Community Mental Health	384-0405
JBER-Elmendorf Emergency Room	580-5555
JBER-Richardson Military Police (MP)	384-0823

Stalking

Stalking is a crime and occurs when a person engages in repeated acts of contact without consent, placing a person or family member in fear of physical harm or death. Repeated acts of non-consent contact can include:

- Recurring phone calls, mail or e-mails.
- Leaving or delivering objects to one's home.
- Approaching or confronting one in a public place or on private property.
- Appearing at a person's workplace or residence.

Domestic Violence

Domestic Violence is a crime defined as emotional, physical, and/ or sexual abuse between intimately involved partners, roommates, or family members. Often times abusers use physical and sexual violence, emotional insults and economic deprivation to dominate and manipulate their partners. No legal relationship allows anyone to be abused. Emotional abuse is the use of intimidation as a tactic to attempt to control the other persons' actions or behavior. Physical abuse is any physical contact used to threaten or harm another person. Sexual assault is unwanted sexual contact, touching, or intercourse.

www.awaic.org

Safe shelter for women and children impacted by domestic violence. Offers shelter, food and clothing, financial assistance, counseling, advocacy and community education. Six month case management provided through the Moving Forward Program.

Alaska Native Women in Anchorage (Willa's Way) 729-5070 www.scf.cc/services/willasWay.ak

Women from rural areas often function better in an intimate setting. AWAIC and Southcentral Foundation offer the Willa's Way program, where women live in smaller safe houses and have a dedicated case manager.

Anchorage Domestic Violence Prevention Project 743-5708

(ADVPP) - at AWAIC

Partnership between the Municipal Department of Health and Human Services, Interpersonal Violence Prevention Program, the Anchorage Police Department, the Municipal Prosecutor's Office and AWAIC. Provides information and financial assistance to domestic violence victims. For questions, during business hours call 343-6321.

Interpersonal Violence Prevention

343-6321

Municipality of Anchorage Department of Health and Human Services 825 L Street, Ste 508

Implements public health prevention and intervention strategies that address domestic violence, sexual assault and child abuse and neglect.

Municipal Prosecutor's Office

343-4250

632 W. 6th Ave.

Assists crime victims with the criminal process, including preparation of victim impact statements, trial process, restitution and Violent Crimes Compensation Board (VCCB) applications, registration with Victim Information Notification Everyday (VINE), referrals for appropriate resources and accompaniment to hearings.

JBER Elmendorf AFB Family Advocacy Program 580-5858 5955 Zeamer Ave.

Promotes readiness by supporting and building healthy families and communities; continuously improving policies and programs; and preventing and intervening in incidents of family maltreatment.

JBER Fort Richardson Family Advocacy Clinic 384-0405

(Troop Medical Clinic-Duty Hours)

Takes reports of child and spouse abuse, offers individual, family and group therapy, marriage counseling and crisis intervention. Services designed to help individuals and families lead a fulfilling life and cope during times of stress.

Federal Domestic Violence Laws

Gun Control Act

Changes to the Gun Control Act by the Violence Against Women Act (VAWA) made it a federal crime in certain situations for domestic violence abusers to possess guns. Federal domestic violence crimes are felonies and include crossing state lines (military bases and Indian country) to physically injure, stalk, harass or violate a qualifying protective order. A crime under the Gun Control Act includes possessing a firearm and/or ammunition while subject to a qualifying protective order or after conviction of a domestic violence misdemeanor.

For local assistance call:

United States Attorney's Office Alaska Victim/Witness Coordinator Assistance Unit 271-4273

FBI Anchorage 276-4441

Alcohol, Tobacco, Firearms, Anchorage Field Office 271-5701

Immigrant Issues

The Department of Homeland Security will not be contacted if you seek police protection, medical care or social service assistance in response to domestic violence. Your immigration status is irrelevant to your safety and protection.

For information call:

Refugee Assistance & Immigration Services 276-5590 Catholic Social Services

Alaska Immigration Justice Project

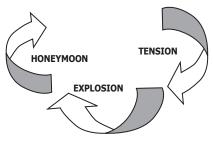
279-2457

431W. 7th Ave., Ste 208

www.akijp.org/aboutus.htm

AIJP is a nonprofit agency that provides low-cost legal services in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

CYCLE OF VIOLENCE



DOMESTIC VIOLENCE USUALLY OCCURS IN 3 CYCLES.

TENSION BUILDING

Stress in the relationship begins to build and situations may become tense.

EXPLOSION

The tension in the relationship is released when one person becomes violent.

Acts of hostility, violence or threat of harm may be Emotional, Physical, Sexual, or Economic.

Honeymoon

Violent person apologizes, recommits to love, and promises not to do it again.

Unfortunately, the whole cycle will begin again and continue until something occurs to break the pattern. Ideally police intervention, followed by treatment for the offender interrupts the cycle rather than serious injury or death.

Cycle of Violence adapted from the

Domestic Abuse Intervention Project, Duluth, MN

www.theduluthmodel.org

The Power and Control Wheel

Domestic violence is often motivated by maintaining power and control over another person. Other forms of abusive behavior besides physical or sexual assault are harmful as well.

- Intimidating you with threats, gestures, glares, screaming, yelling, whispering or mouthing out threats, destroying objects or cherished items, and harming pets.
- Calling you names. Telling you you're "not good enough" or you're crazy, ignoring you, instilling doubt in yourself or making you feel guilty.
- Isolating you from your family or friends by limiting contact, putting your friends or family down while in their company or when you're alone, or using jealousy to keep you from family and friends.
- Blaming you for the violence. Telling you that it's your fault it happened or your fault that there is a problem. Denying their abusive behaviors or saying you are exaggerating things.
- Denying their abusive behaviors or saying you are exaggerating things.
- Using children to make you feel guilty, to relay messages, or to maintain contact with you. Threatening to hurt the children if you don't do as you're told.
- Saying male privilege gives them the right to treat you with less respect, be the "king of the castle", not allow you to make "big decisions" or determine what's best for you or the family.
- Economic abuse is keeping you from getting or keeping a job, making you ask for money, or not allowing you equal access to finances.
- Coercing you to do things you don't want to do such as drop assault charges, and threatening you with suicide, financial failure, or family problems if you don't do what you are told to do.

All of these are examples of behaviors to keep "power" and "control" over you.

Risk Factors

Several risk factors have been associated with increased risk of homicides (murders) of women and men in violent relationships. This does not predict what will happen in your case, but you should be aware of the danger of homicide in situations of abuse and see how many of the risk factors apply to your situation.

1. Violence frequency increased?
2. Severity of violence increased?
3. Weapon or threat of a weapon?
4. Guns in house?
5. Forced sex?
6. Illegal drug use?
7. Threats to kill?
8. Capable of killing?
9. Drunk or on drugs?
10. Attempts to control daily activity?
11. Beaten while pregnant?
12. Violent or constantly jealous?
13. Offender threatened or attempted suicide?
14. Violent towards kids?
15. Uses degrading names?
16. Has he killed pets?
17. Have you attempted to leave with in the past year?
How many times?
18. Is offender working or unemployed?
19. Children with offender?
20. Has the offender tried to strangle you?
Total

 $\label{lem:Adapted from the Danger Assessment By Jacquelyn Campbell, Ph.D., R.N \\ www.dangerassessment.com$

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Stalking is also a risk factor in domestic violence homicide cases.

Homicide Studies Stalking and Intimate Partner Femicide Vol. 3, No. 4, November 1999

PLEASE KEEP IN MIND... ALL DOMESTIC VIOLENCE VICTIMS ARE AT RISK OF HOMICIDE.

Safety Plan

Sometimes, the only safe choice for you and your child(ren) in domestic violence situations is to leave. Remember though, that leaving or ending a relationship is a very dangerous time. Being prepared will allow you to leave quickly and safely. Here are some ideas:

Pack a suitcase and store it with a friend or neighbor. Include a change of clothing for you and your child(ren), personal toilet articles and an extra set of keys to the house and car. Be sure to take a special doll, toy or book for your child(ren).

Keep important items/ documents in an easy-to-locate but safe place. Important items include prescription medicine, medical records for you and your child(ren), ID'S such as birth certificates, social security cards, voter registration cards and driver's license. Financial records such as mortgage or rent receipts and the title to the car are important. If possible, try to have extra cash handy. Also set aside an extra checkbook, savings account book or credit cards. Be sure to have a list of important telephone numbers with you, such as family, police, friends, or emergency shelters.

Plan ahead where you will go and how to get there. Arrange for a safe place for you and your child(ren) to go at anytime- day or night. Tell only a trusted friend or family member where you plan to go.

<u>Call the police</u>. Domestic violence is a crime. When the officer arrives, ask for a copy of the Anchorage Community Emergency Advocacy Resources Booklet, also known as the Little Blue Booklet (LBB). The back of the LBB provides the officer's badge number, your case number and other important information for your case.

Tell your doctor or go to the emergency room if you are hurt, Give your doctor or emergency room staff complete information about how you were injured. Ask for a copy of the medical record. This information may be helpful if you want to make a report to the police.

Information For Victims of Domestic Violence

Alaska Statute 18.65.520, Notification to Victims of Domestic Violence. A peace officer investigating a crime involving domestic violence shall orally and in writing inform the victim of the rights of victims of domestic violence and the services available to them. The notice must be in substantially the following form:

If you are the victim of domestic violence and you believe that law enforcement protection is needed for your physical safety, you have the right to request that the officer assist in providing for your safety, including asking for an emergency protective order. You may also request the officer to assist you in obtaining your essential personal belongings and locating and taking you to a safe place, including a designated meeting place or shelter, the residence of a household member or friend, or a similar place of safety.

In Anchorage, the **Abused Women's Aid in Crisis, Inc. (AWAIC)** is located at 100 W. 13th Ave. **Phone: 279-9581**.

24 HOUR CRISIS LINE - 272-0100

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If you are in need of medical treatment you may request the officer assist you in obtaining medical treatment. You may obtain information about whether the prosecuting attorney will file a criminal complaint about the incident. Additionally, the victim/ witness assistance program of the Department of Law may be able to help you. This information is available from the district attorney's office, which is located at 310 K St, Ste. 520, phone 269-6300. You also have the right to file a petition in court requesting a protective order (See Page 43 for information about Protection Orders) that may include any of the following provisions: (1) prohibit your abuser from threatening to commit or committing further acts of domestic violence; (2) prohibit your abuser from stalking, harassing, telephoning, contacting, or otherwise communicating with you, directly or indirectly; (3) remove your abuser from your residence; (4) order your abuser to stay away from your residence, school, place of employment; or any other specified place frequented by you or another designated household member; (5) prohibit your abuser from entering your vehicle or a vehicle you occupy; (6) prohibit your abuser from using or possessing a deadly weapon if the court finds your abuser was in the actual possession of or used a weapon during the commission of your abuse; (7) direct your abuser to surrender any firearm owned or possessed by that person if the court finds your abuser was in the actual possession of or used a fire-arm during the commission of your abuse; (8) request a peace officer to accompany you to your residence to ensure your safe possession of the residence, vehicle, or other items, or to ensure your safe removal of personal items from the residence; (9) award temporary custody of a minor child to the petitioner and may arrange for visitation with a minor child if the safety of the child and the petitioner can be protected; (10) grant you possession and use of a vehicle and other essential personal effects: (11) prohibit your abuser from consuming controlled substances; (12) require your abuser to pay support for you or a minor child in your care if there is an independent legal obligation of your abuser to support you or the child; (13) require your abuser to reimburse you for your expenses caused by domestic violence, including medical bills, or for your costs in getting a protective order; (14) order your abuser to participate in an intervention program for batterers; and (15) other relief the court determines to be necessary for your safety. The forms you need to obtain a protective order are available from the nearest court. It is not necessary to have an attorney to obtain a protective order, but you may consult an attorney if you choose. If you would like help obtaining a protective order, you may contact AWAIC at 279-9581.

AWAIC can also tell you about other resources available for information about domestic violence, treatment of injuries, and places of safety and shelter.

You may also qualify for compensation from the Violent Crimes Compensation Board: 1-800-764-3040.

If the victim of domestic violence does not understand English, the police officer shall make reasonable efforts to inform the victim of the services and rights specified in this section in a language the victim understands.

General Info for All Victims of Crime

Violent Crimes Compensation Board Toll Free 1-800-764-3040 (VCCB) Financial Assistance, State of Alaska

The VCCB may be able to help with unexpected costs directly resulting from a crime. Eligible victims may be assisted with with medical or counseling costs, lost wages and other losses. To receive financial assistance, there are certain things you must do. For example:

Report the crime to law enforcement within five days, or as soon as is reasonable and file an application form with the VCCB within two years from the date of the incident. The VCCB will make the final decision on whether to pay for expenses/costs based on eligibility requirements under State law. You can get a VCCB application form at the Anchorage Police Department, State Troopers Office, District Attorney's Office, local hospitals, STAR and Victims For Justice. Also, available on line at: www.state.ak.us/admin/vccb.

Protective Orders

Protective orders are available for stalking, sexual assault and domestic violence. They are designed to prohibit a person from threatening or committing certain actions.

To request a protective order describe the situation in detail. A magistrate or judge will determine whether or not to issue a protective order based on information provided. The list below describes what can/may be considered in deciding to issue an order.

Stalking can include:

- repeated non consensual contact.
- recurring phone calls, e-mails or mail.
- leaving or delivering objects (gifts, letters) to one's home.
- approaching or confronting one in a public place or on private property
- appearing at a person's workplace or residence.

Sexual Assault means a sexual act took place:

- · without consent.
- without consent due to incapacitation or a mental disability.
- by someone in a position of authority or one's legal guardian.
- with a minor by an adult.
- with a minor by another minor.

<u>Domestic Violence</u> occurs when there is emotional, physical, and/ or sexual abuse between household members such as a current or former: spouse; dating partner; relative or roommate. Some considerations are:

- · being injured.
- being threatened with physical or sexual injury.
- being threatened with death or suicide.
- stolen or damaged property.

Protective Order Conditions

Stalking and Sexual Assault Protective Orders limit communication and contact, directly or indirectly; and order the recipient to stay away from the requester's home, place of work, school or any place the requester may frequent.

Domestic Violence Protective Orders limit communication and contact, grant temporary custody of children and child support, grant possession of a residence and/or vehicle and require reimbursement of expenses.

Types of Protective Orders

There are three types of protective orders.

Emergency—72 *hours*. Obtained by a police officer on a victim's behalf with consent and upon request.

Ex parte—20 days. Victim must request extension of emergency protective order in person from a magistrate at court hearing. After 20 days it can be extended to six months.

Long Term— 6 months for stalking and sexual assault. One year for domestic violence. Victim can request hearing before magistrate to extend after expiration.

When filling out the petition, you may request both an ex parte order and a hearing for a long term order (six months or one year).

There is no charge to file for a protective order. You may request through the court to keep home or telephone information confidential.

Protective orders are available on the Alaska Court web site: http://courts.alaska.gov/shcdv.htm or at the Boney Court House at 303 K. St. Domestic Violence Office, M-F, 8:00 am – 9:00 pm, weekends noon to 8:00 pm, call 264-0616.

After hours call APD Dispatch (786-8900) and ask an officer to file an emergency 72 hour protective order.

Victim Information and Notification Everyday

or

VINE

https://www.vinelink.com/vinelink/siteInfoAction.do?siteId=2001

<u>VINE</u> is a free, anonymous, computer-based service that provides victims of crime two important services: information and notification.

<u>VINE</u> monitors all adult offenders housed in Alaska Department of Correction (DOC) facilities. Callers may register for an automatic notification call when an offender is released, transferred, placed on furlough, or dies in custody.

Offender custody information Toll Free 1-800-247-9763

Callers use basic information to search the VINE offender database. VINE will quickly tell you if the offender is still in custody. Victims may call VINE from any touch-tone phone, any time, to check on an offender's custody status.

To register for automatic notification, provide registration information to the arresting officer, or call the VINE hotline. If you are not sure you are registered, call the DOC Victim Service Unit at 1-877-741-0741. VINE will keep trying to reach you if there is no answer or the line is busy. VINE will call every half hour for 24 hours. The service will leave a message on an answering machine, but will continue to call every two hours for the 24-hour period. VINE calls automatically when an offender's custody status changes; therefore notification calls may come in the middle of the night. However, notifications on the death of an inmate will be restricted to between the hours of 7 a.m. and 10 p.m.

Notes



ANCHORAGE DOMESTIC VIOLENCE PREVENTION PROJECT II (ADVPP II)

IF YOU ARE A VICTIM OF DOMESTIC VIOLENCE AND NEED INFORMATION OR FINANCIAL ASSISTANCE, CALL

743-5708

This project is a partnership between the Anchorage Police Department, AWAIC, the Municipal Department of Law, and the Municipal Department of Health and Human Services

ADVPP II is funded by U.S. D.O.J.,
Office of Violence Against Women,
Grant # 2005-WF-AX-0103 to the Municipal DHHS

Protective Order Questions

For questions on current protective orders call the Alaska Court System at 264-0616. If you call after normal business hours (see below), leave a message. Someone will call you back.

Protective orders are available on the Alaska Court web site: http:// courts.alaska.gov/shedv.htm or at the Boney Court House at 303 K. St. Domestic Violence Office, M-F, 8:00 am $-9:00~\rm pm$, weekends noon to 8:00 pm, call 264-0616.

After hours call APD Dispatch (786-8900) and ask an officer to file an emergency 72 hour protective order.

October 2012

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Anchorage Police Department 786-8500 Alaska State Troopers 352-5401 DV Petition Forms 264-6615 APD DV Investigative Officer 343-4199

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