



**ANCHORAGE  
COMMUNITY  
EMERGENCY AND ADVOCACY  
RESOURCES  
(LITTLE BLUE BOOKLET)**

BROUGHT TO YOU BY THE  
MUNICIPALITY OF ANCHORAGE  
DEPARTMENT OF HEALTH & HUMAN SERVICES  
HUMAN SERVICES DIVISION  
COMMUNITY SAFETY & DEVELOPMENT  
AND THE  
ANCHORAGE POLICE DEPARTMENT



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CALL DHHS AT (907) 343-6321 FOR QUESTIONS OR  
COMMENTS RELATED TO THIS BOOKLET

**THIS ANCHORAGE  
COMMUNITY EMERGENCY AND  
ADVOCACY RESOURCES  
BOOKLET, ALSO KNOWN AS  
THE LITTLE BLUE BOOKLET,  
IS PROVIDED AS A GUIDE TO  
AVAILABLE SERVICES  
AND ASSISTANCE.**

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### EMERGENCY TELEPHONE NUMBERS

**Alaska State Troopers 911 or Dispatch 428-7200**  
**Anchorage Police Department 911**

## **Anchorage Police Department (APD) Related Information**

### **For Emergencies - Dial 911**

When you dial 911, a police dispatcher assesses the nature and seriousness of the emergency. Personal safety is the determining factor. An officer will be dispatched to respond based upon the priority assigned the call. Priorities range from 1 (assault in progress, shots fired) to 9 (parking problem). You may be asked to stay on the phone until the officer arrives, especially if an incident is in progress. Once the safety of the caller is assured, the call can be ended. You will be asked to provide your phone number in case there is a need to contact you about the incident in the future.

APD's main focus is protecting people.

**Note:** You can get help even if you do not speak English or are hearing impaired. Help is available to all persons.

### **Burglary 786-8600**

Definition: when a person enters or remains unlawfully in a building with intent to commit the crime of theft. A burglary case requires: (1) a suspect(s) who can be identified in court and (2) physical evidence, such as fingerprints, that can lead to the identification of a suspect.

If your case meets the above criteria, you may check the status 10 days after the report was made. Have your case number handy when you call. You can add information to your burglary report by filling out a Citizen Follow-Up Report, available from the APD Records Section or online at:

<http://muni.org/apdl/apd911.cfm>

**Burglary Sergeant** **786-2679**

APD has a Pawnshop Detail that checks for stolen property. Detectives will notify you if your property is located. If you find your property in a pawnshop, advise the Burglary Unit so APD may place a hold on the item(s).

**Crime Prevention for Businesses** **786-8699**

- Make sure doors and windows are secured when leaving the building.
- Install an alarm system.
- Keep your building well lit inside and out.
- Prevent ‘smash and grab’ incidents by removing valuables from front windows after closing.
- Report vandalism immediately to police.
- Remove graffiti as soon as possible to discourage more.

**Crime Stoppers** **561-STOP (7867)**

Call Crime Stoppers if you have information about a crime. If your tip helps lead to the arrest and indictment of a suspect, you may be eligible for a reward of up to \$1,000. You can remain completely anonymous.

**Fees for Police Protective Services**

If APD responds to any residential property more than eight (8) times in one calendar year, the owner of the property will be required to pay the Municipality of Anchorage (MOA) \$500 for each additional response. MOA will inform the property owner in writing when eight responses have occurred. (Anchorage Municipal Code Chapter 8.80.)

Calls for domestic violence are not included.

**Getting APD Records or Reports** **786-8600**

Contact the APD Records Section.

**How Do I Get Property Back? 786-8660**

To recover property seized by the police, contact the APD Property & Evidence Section. Release of property is by appointment only.

**Identity Theft Hotline 1-877-438-4338**

or: [www.consumer.gov](http://www.consumer.gov)

**Impounded Vehicles 343-4575**

Call during business hours (M-F, 8 am-5 pm)

**Motor Vehicle Accidents 911 or 786-8500**

*\*APD or #APD is a FREE call from many cellular phones.*

If there are injuries **call 911**. If no injuries, **call dispatch at 786-8500**. Move off the main road and wait for the officer.

If the damage to all vehicles is less than \$1,000, or for minor hit-and-run collisions when the suspect is gone from the scene, you can complete a Citizens Accident Report Form for insurance purposes. You can fill out the form online or download it and mail it in. The following website has instructions and links:

<http://www.muni.org/Departments/police/forms/Pages/AccRptInfo.aspx>

Remember to mail your proof of insurance form to Juneau within 15 days or your license will be suspended.

**To Visit A Person Who Has Been Arrested**

Arrested adults are held at the Anchorage Correctional Complex at 1400 E. 4th Ave. **Phone: 907-269-4100**.

Persons under 18 years of age will be held at the McLaughlin Youth Center at 2600 Providence Drive. **Phone: 907-261-4399**.

## Medical Resources

### Hospitals

Alaska Native Medical Center	563-2662
Alaska Regional Hospital	276-1131
Providence Hospital	562-2211
Elmendorf AFB Hospital– Emergency	580-5555

### Behavioral Health

Alaska Psychiatric Institute	269-7100
North Star Behavioral Health	258-7575
Psychiatric Emergency Crisis Line	563-3200

**National Alliance for the Mentally Ill, Inc.** 277-1300  
144 W 15<sup>th</sup> Ave.  
<http://www.nami.org/sites/alaska>  
Education, support, advocacy and research for severe mental illnesses.

**Southcentral Foundation** 729-4955  
4341 Tudor Center Drive  
<http://www.southcentralfoundation.com>  
Provides outpatient counseling and psychosocial assessment to people of all ages. Individual, marital, family and group counseling are offered in a culturally appropriate setting.

### Clinics

**Anchorage Neighborhood Health Center** 748-7200  
4951 Business Park Blvd.  
<http://anhc.org/>  
Primary health care including dental, pediatrics and internal medicine provided. Full lab, x-ray and mammography services. Case management for special populations. Sliding fee scale available for uninsured patients.

## Other

**Alaskan AIDS Assistance Assn.** 263-2050  
www.alaskanids.org  
(Four A's) Provides services to individuals and family living with HIV/AIDS.

**American Red Cross** 646-5400  
235 E. 8th Ave., Ste 200  
www.alaska.redcross.org  
Temporary housing immediately following disasters (e.g. fires, floods, earthquakes).

## **Death**

### **Homicide, Suicide, Accident, Natural**

**State Medical Examiner** 334-2200  
Alaska law requires the Medical Examiner to determine cause of death for all deaths that are:

- Sudden, for persons in apparent good health;
- Not under the care of a physician;
- Suspicious, unusual or unexplained;
- The result of violence;
- Unlawful or due to criminal neglect.

The Medical Examiner's Office does not issue copies of death certificates. Copies can be obtained from **Vital Statistics, P.O. Box 110675, Juneau, AK 99811-0675.**

### **Bereavement Support Services**

Low or no cost services offering support to persons experiencing the death of a loved one. Many are organized by volunteers who have had similar experiences.

**Forget Me Not Grief Program** 561-5322  
For children, teens and the adults who love them, through Hospice of Anchorage.



**Hospice of Anchorage** 562-5433  
www.hospiceofanchorage.org  
A source of current information for grieving families.

**Life Alaska Donor Services** 562-5433  
Provides support/referral services and a current resource list at:

<http://www.lifealaska.org/documents/supportlistings.pdf>

**Lost and Found Self-Help** 345-2525  
For anyone who has experienced the death of a loved one.

**Survivors of Suicide Support Group** 272-3100  
Help for persons whose loved one has committed suicide - for mature teens and adults.

### **Alcohol Laws /Emergency Alcohol Services**

#### **Driving While Under the Influence (DUI)**

A person commits the crime of driving under the influence if s/he operates, drives, or is in physical control of a motor vehicle, watercraft, or aircraft while under the influence of an alcoholic beverage, inhalant, depressant, hallucinogenic, stimulant, or narcotic drug (defined in AS 11.71.140-190). Consent to a breath test is presumed. Refusal to submit to a breath test carries the same penalties as if convicted of DUI.

- First Offense: 3 days in jail, \$1,500 fine, 90 day license revocation, 30 day vehicle impound.
- Second Offense: 20 days in jail, \$3,000 fine, 1 year license revocation, vehicle forfeited.
- Third Offense: 60 days in jail, \$4,000 fine, 3 year license revocation, vehicle forfeited.

## Underage Drinking

Alaska youth under the age of 21 who consume, possess or control alcoholic beverages are subject to AS 04.16.050. Progressive sentencing is imposed.

- First Offense: probation for 1 year, referred to youth court (counseling, education, treatment), community work, a fine up to \$600.
- Second Offense: \$1,000 fine, 48 hours community work, 3 month driver's license revocation.
- Third Offense: 96 hours community service, 6 month driver's license revocation, 1 year probation, juvenile alcohol safety action program.

**Municipal Community Service Patrol (CSP)** 227-5000

Transports intoxicated individuals from public areas to the Transfer Station, a safe sobering center staffed by trained individuals.

**Providence Psychiatric Emergency** 562-3300  
For individuals in psychiatric and/or substance abuse crisis.

### Alcohol Intervention Resources

**Akeela, Inc.** 565-1200  
2804 Bering St.  
[www.akeela.us/](http://www.akeela.us/)  
Long-term residential treatment for individuals aged 17+; transitional housing for graduates of other substance abuse programs.

**Alcoholics Anonymous (AA)** 272-2312  
[www.aa.org](http://www.aa.org)  
12 step recovery programs. Call for meeting time/place.

**Ernie Turner Center (Cook Inlet Tribal Council)**      **550-2400**  
4330 S. Bragaw St.  
[www.citci.com/content/residential-back](http://www.citci.com/content/residential-back)  
Prevention and treatment services include residential care, day treatment, outpatient care, elder residential care, continuing care, family strengthening project, counselor training/consultation.

**Dena A Coy (Southcentral Foundation)**      **729-5070**  
4130 San Ernesto Ave.  
[www.scf.cc/services/denaAcoy.ak](http://www.scf.cc/services/denaAcoy.ak)  
Comprehensive Fetal Alcohol Syndrome (FAS) prevention program. Substance abuse and mental health treatment for women; designed to allow women to remain in treatment throughout the duration of their pregnancy and 10 weeks postpartum.

**Homeward Bound (RurAL CAP)**      **279-7535**  
120 N. Hoyt St.  
[www.ruralcap.com](http://www.ruralcap.com)  
A program of reintegration for the homeless chronic public inebriate population: case management, employment assistance and training, transitional housing and daily living supports.

**Salvation Army Adult Rehab Program**      **562-5408**  
660 E. 48th Ave.  
[www.satruck.org/rehabilitation-program](http://www.satruck.org/rehabilitation-program)  
Serves men with alcohol, drug abuse, or other treatable disorders.

**Salvation Army Clitheroe Center**      **243-1181**  
1015 E. 6th Ave.  
[www.salvationarmy.org/clitheroe](http://www.salvationarmy.org/clitheroe)  
In/outpatient treatment for men, single women or women with children. Provides detox, residential program, outpatient counseling, aftercare, dual diagnosis and vocational education services.

**ARCH (Volunteers of America)**      **279-9634**  
1675 C St.  
[www.voak.org/](http://www.voak.org/)  
Serves chemically dependent adolescents, ages 12 through 18, in a homelike environment.

## Homeless And Near Homeless Resources

Emergency shelters offer overnight beds for homeless adults, teens, and victims of domestic violence (and their children.)

**Anchorage Rescue Mission**                      **563-5603**  
2823 Tudor Rd.  
[www.anchoragerescue.org](http://www.anchoragerescue.org)  
Night shelter for men (30 beds) and women (10 beds), 18 years of age, meals (breakfast and dinner). Chapel and spiritual counseling.

**Bean's Cafe/Day Shelter**                      **274-9595**  
1101 E. 3rd Ave.  
[www.beanscafe.org](http://www.beanscafe.org)  
Day shelter and meals. Day labor.

**Brother Francis Shelter (Catholic Social Services)**    **277-1731**  
1021 E. 3rd Ave.  
[www.cssalaska.org/html/programs/brother-francis.php](http://www.cssalaska.org/html/programs/brother-francis.php)  
Night shelter for 150 adult men and women, 18+ years of age. Dinner nightly at 7 p.m. Hours: 5:30 p.m. to 7 a.m.

**Clare House (Catholic Social Services)**                      **563-4545**  
[www.cssalaska.org/html/programs/clare-house/php](http://www.cssalaska.org/html/programs/clare-house/php)  
Temporary, emergency 24-hour shelter for women and women with children. Meals are provided to residents. 45 beds.

**Covenant House Alaska (Catholic Social Services)**    **272-1255**  
609 F Street  
[www.covenanthouseak.org/](http://www.covenanthouseak.org/)  
Crisis shelter, food, clothing, family mediation, counseling and health care to runaway homeless youth, ages 13-21. 40 beds.

**McKinnell Shelter (Salvation Army)**                      **276-1609**  
546 E. 15th Ave.  
Temporary shelter to 2-parent families, and single male parents with children. 35 beds.

**Salvation Army Cares For Kids** 276-8511  
3745 Commercial Park Loop, Ste 101  
Upon referral from SOA Office of Children's Services, provides 24  
hour crisis care for children from birth to 11 years of age.

**St. Francis House (Catholic Social Services)** 276-5590  
3710 E. 20th Ave.  
[www.cssalaska.org/html/programs/st.-francis-house.php](http://www.cssalaska.org/html/programs/st.-francis-house.php)  
Emergency food, clothing, household goods and direct financial  
assistance to prevent homelessness.

### **Legal and Court Resources**

**Alaska Legal Services Corporation** 272-9431  
1016 W. 6th Ave., Ste 200  
[www.alsc-law.org](http://www.alsc-law.org)  
Helps low-income individuals. Priority given to entitlement, health  
benefit, family law (divorce, custody, domestic violence), housing,  
rights of the elderly, and Alaska Native rights cases.

**Alaska Native Justice Center** 793-3550  
3600 San Jeronimo Dr., Ste 264  
[www.anjc.org](http://www.anjc.org)  
Legal advocacy services, technical assistance, referrals, one-on-one  
education for victims or defendants in the Alaska justice and child  
welfare systems. Promotes justice through culturally based advocacy,  
prevention.

**If You Need a Private Attorney**  
**Alaska Bar Association**  
**Lawyer Referral Service**  
**272-0352**  
**No fee**

**Alaska Immigration Justice Project**                      **279-2457**  
431 W. 7th Ave., Ste 208  
[www.akijp.org](http://www.akijp.org)

Provides low-cost legal services for all immigration applications, including citizenship, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

**Catholic Social Services**                                      **276-5590**  
3710 E. 20th Ave.  
[www.cssalaska.org](http://www.cssalaska.org)

Cash assistance, medical coverage and case management services for eligible individuals. Basic services are provided at a nominal fee: assistance with work permits, green cards and naturalizations. Consultations provided.

**Covenant House Alaska (Catholic Social Services)**    **339-4430**  
Community Service Center  
750 W. 5th Ave.

[www.covenanthouseak.org](http://www.covenanthouseak.org)  
Legal Street Program- Free legal information and assistance for youth. Call for schedule.

**Disability Law Center**    **565-1002**  
3330 Arctic Blvd., Ste 103  
[www.dlcak.org](http://www.dlcak.org)

Represents disabled individuals on issues related to their disability.

**Municipal Prosecutors Office**                                      **343-4250**  
Victim Witness Coordinator is point of contact for victims of crime.

**Office of Elder Fraud & Assistance**                                      **334-4989**  
900 W. 5th Ave. Ste 525  
<http://doa.alaska.gov/opa/oefa/>

Addresses all forms of financial exploitation and coordinating related services for Alaska population. Goal is to ensure that every elder victim who wants assistance receives it from existing sources and when unavailable to provide individual civil representation.

**State of Alaska Victim-Witness Program** 269-6300  
**District Attorney's Office**  
**Statewide 1-800-770-8622**

Provides information on case status and court proceedings, victim rights, violent crimes compensation, restitution, return of property, witness fees, and assists with travel/accommodations for out-of-townners.

**VINE** 1-800-247-9763  
(Victim Information and Notification Everyday)  
Notification of offender's custody status.

## **Hate Crime Resources**

**Federal Hate Crime Statute**  
**Title 178, U.S.C., Section 245**

A hate crime is any act intended to cause injury because of a person's race, color, religion or national origin while they are:

- A student at a public school or college.
- Receiving services from a state or local government.
- Applying for or performing a private or state job, or joining a labor union.
- Serving as jurors in state court.
- Traveling on public transportation.
- Staying at a hotel, motel or eating at a restaurant.

It is also a hate crime to threaten or interfere with anyone who helps victims of these activities.

**U.S. Department of Justice** 1-(206) 220-6700  
[www.justice.gov](http://www.justice.gov)

Monitors hate crimes and racial tension on the federal level, and assists State and local officials resolve and prevent racial and ethnic conflict.





**Also: Anchorage Area TTY/TDD** 907-276-3177

**Toll-Free Hot Line (in-state only)** 800-478-4692

**TTY/TDD Toll-Free Complaint Hot Line (in-state only)** 800-478-3177

The Alaska State Commission for Human Rights enforces the Alaska Human Rights Law (AHRL) (AS 18.80.100). It is unlawful to discriminate because of race, religion, color, national origin, sex or physical and mental disability in:

- Employment: applying for or performing a private or government job.
- Financing and credit: applying for home or car loans, credit cards or performing credit checks.
- Receiving services from state or local government.
- Places of public accommodation: staying at a hotel or motel or eating at a restaurant.
- Sale or rental of real property: rental, sale or purchase of real estate as in a home or land.

### **Disabilities**

#### **Americans With Disabilities Act (ADA)**

ADA defines disability as a physical or mental impairment that substantially limits a person's major life activities, such as walking, seeing, hearing, breathing, sitting, standing, lifting, learning and thinking.

ADA prohibits discrimination for a disability in employment, state and local government services, public accommodations, commercial facilities, transportation, and telecommunications.

**Access Alaska** 248-4777

121 W. Fireweed Lane, Ste 105

[www.accessalaska.org](http://www.accessalaska.org)

Helping seniors and Alaskans with disabilities find information and access resources, advocate for change, hire personal care attendants, secure funding, training and services to lead the most independent, inclusive, productive, and satisfying lives possible.

**Aging and Disability Resource Center** 343-7770

825 L Street, Ste 203  
<http://www.muni.org/Departments/health/services/Pages/ADRC.aspx>

The place to start with questions about long-term care information and services available to assist seniors or those disabled in the community. Contact a trained & certified Resource Specialist for an in-depth conversation on what your options are.

**Americans With Disabilities Act Advisory Commission**

825 L Street 343-4670

Commission advocates for persons with disabilities and advises the Mayor and Assembly on concerns, solutions and quality of life for persons with disabilities.

**Assets, Inc.** 279-6617

2330 Nichols St.  
[www.assetsinc.org](http://www.assetsinc.org)  
Provides supported living and employment services to individuals who experience substantial disabilities.

**Disability Law Center** 565-1002/TTY

**Toll-Free (in-state) 1-800-478-1234**  
[www.dlcak.org](http://www.dlcak.org)  
Provides legal advocacy services to people with disabilities in Alaska.

**Hope Community Resources Inc.** 561-5335

**Toll-Free (in-state) 1-800-478-0078**  
540 W. International Airport Rd.  
[www.hopealaska.org](http://www.hopealaska.org)  
Provides individually designed services and support for people and their families who experience disabilities.

**The Arc of Anchorage** 277-6677

2211 Area Dr.  
[www.thearcofanchorage.org](http://www.thearcofanchorage.org)  
Assists individuals who experience developmental disabilities or mental illness.

**Deaf and Hard of Hearing Center** 276-3456  
2211 Arca Dr.  
www.thearcofanchorage.org  
Provides services to hard of hearing and deaf adults with independent living skills.

### **Gay and Lesbian Community Resources**

**Identity Inc.** 258-4777 or 1-888-901-9876  
336 E. 5th Ave.  
http://www.identityinc.org email: info@identityinc.org  
A Gay, Lesbian, Bisexual, Transgender and Allied organization that provides information, referrals and a sympathetic ear.

Also houses the Gay and Lesbian Community Center of Anchorage (GLCCA), a meeting place for gay, lesbian, bisexual and transgendered individuals of all ages and ethnicities. 929-GLBT (4258)

**Parents, Families and Friends of Lesbians and Gays (PFLAG)**  
(Anchorage Chapter) 566-1813  
www.identityinc.org/pflag - email: PFLAG-Anchorage @ gci.net  
Provides quarterly support meetings with confidential dialogue about sexual orientation. Parents, friends and children are welcome.

**Youth Resource Center** 258-4237  
Covenant House Alaska, 750 W. 5th Ave.  
1st and 3rd Tuesday of each month at 4:30 pm  
"Legal Street\*" - Free legal information and assistance for youth.

### **State of Alaska Victims' Rights**

Law enforcement agencies, prosecutors, corrections agencies, social services agencies, and the courts shall make every reasonable effort to ensure that victims of crimes receive the rights set forth in this section. However, a failure to ensure these rights does not give rise to a separate cause of action against law enforcement agencies, other state agencies, or a political subdivision of the state.

**Victims of crimes have the following rights:**

- to be present during any proceeding in the prosecution and sentencing of a defendant if the defendant has the right to be present, including being present during testimony even if the victim is likely to be called as a witness;
- to be present during the adjudication of a minor (AS 47.12.110);
- to be notified of the date of trial, sentencing, appeal, and any hearing in which the defendant's release from custody is considered;
- to be notified that a court proceeding to which the victim has been subpoenaed will not occur as scheduled;
- to receive protection from harm and threats of harm arising out of cooperation with law enforcement and prosecution efforts;
- to be notified of the procedure to be followed to apply for and receive any compensation under AS 18.67;
- to cooperate with the criminal justice process without loss of pay and other employee benefits except as authorized by AS 12.61.017 and without interference by the victim's employer;
- to obtain access to immediate medical assistance and not to be detained for an unreasonable length of time by a law enforcement agency before having medical assistance administered; however, law enforcement personnel may, if necessary, accompany the victim to a medical facility to question the person about the criminal incident so long as it does not hinder the administration of medical care;
- to make a written or oral statement for use in preparation of the presentence report of a felony defendant;
- to appear personally at the defendant's sentencing hearing to present a written statement, sworn testimony or an unsworn oral presentation;
- to be informed by the prosecuting attorney, after the defendant's conviction, about the complete record of the defendant's convictions;

- to notice:
  - o concerning the status of the defendant found not guilty by reason of insanity (AS 12.47.095);
  - o of a hearing concerning special medical parole of the defendant (AS 33.16.087);
  - o of a hearing to consider or review discretionary parole of the defendant (AS 33.16.120); and
  - o of the release or escape of the defendant (AS 33.30.013).

### **Victims' Rights Resources**

**Office of Victims' Rights** 272-2620  
1007 W. 3rd Ave., Ste 205 **Toll-Free (in-state) 1-866-274-2620**  
www.officeofvictimsrights.legis.state.ak.us  
email: officeofvictimsrights@legis.state.ak.us

Agency of the Alaska Legislature. Provides free legal services to victims of crime to help them obtain the rights guaranteed under the Alaska Constitution and by statute regarding contacts with police, prosecutors, judges, and other criminal justice agencies. Also advances and protects those rights in court when necessary and authorized by law.

**Victim-Witness Assistance Program** 269-6300  
State of Alaska **Toll-Free (in-state) 1-800-770-8622**  
Department of Law, Criminal Division, District Attorney's Office  
[http://law.alaska.gov/department/criminal/victims\\_assist.html](http://law.alaska.gov/department/criminal/victims_assist.html).

Provides information on case status and court proceedings, victim rights, compensation and restitution, return of property, witness fees, and with travel and hotels if you come from out-of-town. Referrals to agencies for crisis intervention, shelter, legal, medical, social and mental health needs.

Web page offers downloadable resources including:

- Victims' Rights Handbook
- Crime Victims' Rights Brochure
- Information on Domestic Violence Brochure
- Information on Sexual Assault Brochure
- Information on Safety Planning Brochure

Available in English, Spanish, Tagalog, Korean and Russian.

**Violent Crimes Compensation Board (VCCB)**

State of Alaska **Toll-Free (in-state) 1-800-764-3040**

Department of Administration  
P.O. Box 111200, Juneau, AK 99811

<http://doa.alaska.gov/vccb/>  
email: [doa.vccb@alaska.gov](mailto:doa.vccb@alaska.gov)

Established to help bring financial relief to innocent victims of violent crimes in Alaska. Fosters victim advocacy and victim recovery. Applications are available from the VCCB website, the Anchorage Police Department, State Troopers, District Attorney's Office, or local hospitals.

**Victim-Witness Coordinator, Municipal Prosecutor's Office**

Department of Law **343-4250**

632 W. 6th Ave., Ste 210

Assists crime victims with the criminal process, including preparation of victim impact statements, trial process, restitution and Violent Crimes Compensation Board (VCCB) applications, registration with Victim Information Notification Everyday (VINE), referrals for appropriate resources and accompaniment to hearings.

**Municipal Ombudsman**

**343-4461**

632 W. 6th Ave., Ste 160

An independent, impartial municipal office, readily available to the public and responsible to the Assembly. Investigates Municipal agencies and the Anchorage School District to recommend appropriate changes to safeguard the rights of persons and to promote higher standards of competency, efficiency, and equity in the provision of municipal services.

## Victim Support Resources

If you have been the victim of a crime, you may experience the following reactions:

- Fear the criminal will return or the same thing will happen again;
- Shock, numbness, or disbelief that it happened to you;
- Stress and anxiety about what to do next, and how to remedy damage done;
- Loss of sleep, appetite or other physical disorders;
- Difficulty trusting others or feeling secure; and/or
- Anger over having your person, your possessions or your space violated.

Sources for support come in different forms. Help can be formal such as counselors or health care workers. Or perhaps talking with a police chaplain or member of the faith community would be helpful. Deciding who to turn to is a very personal choice and may take time.

**Alaska 2-1-1** **Dial 211**  
www.alaska211.org **Toll-Free (in-state) 1-800-478-2221**  
A free, confidential and multilingual statewide health and human services information and referral system operated by United Way of Anchorage on behalf of Alaska United Ways.

**Alaska Police & Fire Chaplains Ministry** **272-3100**  
2221 E. Northern Lights Blvd, Ste 137  
www.apcm.org email: apcm@apcm.org  
Provides crisis intervention services and emergency mental health services to stabilize individuals involved in traumatic events. Primary focus is to meet the needs of “survivors and rescuers.”

**Victims For Justice** **278-0977**  
1057 W. Fireweed Ln., Ste 101 **Toll-Free (in-state) 1-888-835-1213**  
www.victimsforjustice.org/  
Serves victims of violent crime and the survivors of victims of homicide. Seeks to reduce the impact of crime on victims, their families and the community through crisis intervention; individual and peer support; specialized grief education; community education; and advocacy and assistance.

## Advocacy and Support Resources

**Access Alaska** 248-4777

121 W. Fireweed Lane, Ste 105

[www.accessalaska.org](http://www.accessalaska.org)

We help seniors and Alaskans with disabilities find information and access resources, advocate for change, hire personal care attendants, secure funding, training and services to lead the most independent, inclusive, productive, and satisfying lives possible.

**Aging and Disability Resource Center** 343-7770

825 L Street, Ste 203

<http://www.muni.org/Departments/health/services/Pages/ADRC.aspx>

The place to start with questions about long-term care information and services available to assist seniors or those disabled in the community. Contact a trained & certified Resource Specialist for an in-depth conversation on what your options are.

**Alaska Women's Resource Center** 279-5000

505 W. Northern Lights Blvd.

Serves women who are affected by substance abuse, together with pregnancy, parenting, domestic violence and under employment issues.

**Deaf and Hard of Hearing Center** 276-3456

2211 Area Dr.

[www.thearcofananchorage.org](http://www.thearcofananchorage.org)

Provides services to hard of hearing and deaf adults with independent living skills.

**Municipal Senior Citizens Commission** 343-7770

825 L Street

Commission advocates for and advises the Municipality on concerns, solutions and quality of life for senior citizens.



**The Arc of Anchorage** 277-6677  
2211 Arca Dr.  
www.thearcofanchorage.org  
Assists individuals who experience disabilities.

**The Center For Men & Women** 272-4822  
600 Cordova St., Ste 3  
Provides domestic violence intervention and anger management for men and women, as well as individual and couples counseling. State approved domestic violence intervention program.

**The Recovery Connection** 332-7660  
500 Muldoon Rd., Ste 9  
State approved domestic violence intervention program.

### **Military and Veteran Resources**

Joint Base Elmendorf-Richardson (JBER) is an combination of the former United States Air Force Elmendorf Air Force Base and the United States Army Fort Richardson Post, which were merged in 2010.

#### **Consolidated Military Information/Operator**

**EAFB: 552-1110 / Ft. Richardson: 384-1110**

**or DSN 317-552-1110 or 317-384-1110**

**Military and Family Readiness Center** 552-4943  
(Family Support Center)  
8535 Wewak Drive, EAFB  
<http://www.elmendorf-richardson.com/mfrc/index.php?id=101>  
Promotes healthy military families and communities; provides crisis intervention, family life skills, marital and parent counseling services.

**JBER Sexual Assault Prevention and Response Office**

Victim advocates provide essential support, liaison services, and care to sexual assault victims.

**24/7 SAPRP Hotline:** 384-7272

**Sexual Assault Response Coordinator:** 384-6948

**Chaplain:** 384-5433

**Community Mental Health:** 384-0405

**JBER-Elmendorf Emergency Room:** 580-5555

**JBER-Richardson Military Police (MP):** 384-0823

**3rd Medical Center** 580-5858

(Elmendorf Hospital)  
5955 Zeamer Ave.

Includes the Family Advocacy Program, the New Parent Support Program, and the Exceptional Family Member/Special Needs Program.

**JBER Chapel** 552-4422

[www.jber.af.mil/library/factsheets/factsheet.asp?id=14807](http://www.jber.af.mil/library/factsheets/factsheet.asp?id=14807)

Numerous locations and denominations. Offers ministries for singles, couples, children and young adults, as well as religious education and worship. A healthy place to worship, learn, socialize, question and explore. "Your well-being is our mission."

**Legal Services/JAG** 384-0371

Building 600, Room 305 , JBER-Ft. Richardson.

**Armed Services YMCA of Alaska**

**Elmendorf: Bldg 7135, 7135 Doolittle St.** 552-9622

**Ft. Richardson: Bldg 655, 7179 Fighter Dr.** 384-9622

[www.asymcaofalaska.com](http://www.asymcaofalaska.com)

Serving our service men and women with outreach, family programs, financial assistance, and recognition.

**Military and Family Life Consultants (MFLC)** 428-6662

**Confidential cell phones: 382-1795 OR 382-1408**

Ask for an "MFLC." Consultants provide help with managing and coping with stress; returning to familial and social relationships; dealing with anger effectively; education and support for families experiencing deployment, reunion or homecoming issues; restoring hope, optimism and direction.

**Alaska Military Family Assistance Center** 428-6663  
**or Toll Free 1-888-917-3608**

Helps direct military families to a wide variety of resources.

**Alaska VA Healthcare System Regional Office** 257-4700  
1201 N. Muldoon Rd.

<http://www.alaska.va.gov/>

Serves Alaska's extremely large veteran population with a broad base of services and support.

**Domiciliary Care for Homeless Veterans** 273-4000  
3001 C Street

<http://www.va.gov/HOMELESS/treatment.asp>

Provides medical, social, spiritual, psychological, vocational and economical rehabilitation to eligible homeless veterans.

**Anchorage Vet (Resource) Center** 563-6966  
4400 Business Park Blvd., Ste B-34

Provides individual and group counseling, benefit assistance and referral, employment referral, counseling and guidance, alcohol/drug counseling, and marital/family counseling. Also has a women's veterans sexual trauma counseling program.

### **Family and Parenting Resources**

**The Alaska Parent Line** 1-800-643-KIDS (5437)

**Alaska Regional Hospital Parent Classes** 264-1773

**Booth Memorial Youth and Family Services**                    **279-0522**  
(Salvation Army)  
3600 E. 20th Ave.

Offers family support and parenting classes for parents with infants and toddlers. Teaches parents to develop health life skills and relationships. One-on-one assistance in the home for parenting.

**Catholic Social Services Parent Groups**                    **276-5590**

**Cook Inlet Tribal Council**    **793-3600**  
3600 San Jeronimo Dr.  
www.citc.com

Family Services Parenting classes available to Alaska Native/ American Indian families, or children.

**Parents, Inc.**    **337-7678**

4743 E. Northern Lights Blvd.  
www.parentsinc.org

A network of mutual support programs for parents who want to improve their relationships with their children, strengthen their families, and reduce the stress associated with parenting.

**Providence Alaska Learning Institute**                    **261-3011**

www.alaska.providence.org/media/education/Pages/default.aspx  
Committed to building strong, healthy families in our communities, offering comprehensive programs of parenting and childbirth classes in Alaska.

**thread**    **265-3100**

3350 Commerical Dr., Ste 203  
www.threadalaska.org

Caring for young children is rewarding, but often challenging. thread aims to empower parents and early educators with information and resources that will support meaningful adult/child relationships and healthy child development.

**Young Families Program**

729-5217

Southcentral Foundation

Parent training for enrolled children. Parenting groups for families with children 0 to 5 years old. Play groups for children 0 to 3 years. Alaska Native/American Indian preference.

**Interpersonal Violence Resources****Statutes****Child Abuse and Neglect: AS 47.10.019**

In Alaska, child abuse consists of any act that endangers or impairs a child's physical or emotional health and development. Child abuse includes any harm done to a child that appears to be non-accidental in nature, and which cannot be reasonably explained. The abuse may be physical, sexual or emotional. Neglect is failure to provide for a child's physical needs.

**Family Violence: Anchorage Municipal Code 8.10.050**

A person commits the crime of family violence when the person commits the crime of assault ... with knowledge or reckless disregard of the presence of a child or children in the home.

**Governor's Initiative****Choose Respect**

*Alaskans ending the epidemic of domestic violence and sexual assault*

<http://gov.alaska.gov/parnell/priorities/choose-respect/links-to-organizations.html>

## **Information on Youth Violence, Dating Violence and Bullying**

Youth violence ranges from child abuse, gang violence, bullying, hate crimes, and rape and murder. Dating violence occurs when one person in a dating relationship threatens or injures his/her girlfriend or boyfriend. The violence can be emotional, physical, or sexual. Both girls and guys are hurt.

Bullying occurs when a person hurts or threatens someone with less power physically, verbally, or in writing, on more than one occasion. If you are bullied at or near school, tell an adult you trust. School staff want to know if bullying is happening and will help you figure out how to stop the bullying. If you are bullied at other places, tell your parent/guardian or some other adult you trust.

The risks of dating violence increase for kids who...

- Believe it's OK to use threats or violence to get what they want or solve problems.
- Use alcohol or drugs.
- Lack the ability to manage anger or frustration.
- Lack social skills.
- Socialize with violent peers.
- Have learning difficulties and other problems at school.
- Lack parental oversight and support.
- Witness abuse between parents at home.
- Have a history of aggressive behavior or bullying.
- Live in violent communities and hence may see violence as acceptable dating behavior.
- Have low self esteem and/or depression, which increase the risk of becoming involved in an abusive relationship.

There are warning signs that someone is being abused, or that they may be abusing others.



## Parent Information

Visit these web sites provided by U.S. Department of Justice, Office of Community Oriented Policing, and the Office of Juvenile Justice and Delinquency Prevention Program which provides information on: What Parents Can Do To Prevent Gang Involvement and A Parent's Quick Reference Card: Warning Signs That Your Child May Be Involved with a Gang

[www.cops.usdoj.gov](http://www.cops.usdoj.gov) and [www.ojjdp.ncjrs.org](http://www.ojjdp.ncjrs.org)

**Alaska Youth & Parent Foundation** 929-2633  
700 W. 6th Ave., Ste 206  
[www.aypfalaska.org/](http://www.aypfalaska.org/)

Information to youth and families on Alaska juvenile law, short-term counseling and community education. Also includes the Peer Outreach Worker Education and Referral Program (P.O.W.E.R.).

**Covenant House Youth Resource Center** 339-4458  
750 W. 5th Ave.  
[www.covenanthouseak.org/community\\_services\\_center.html](http://www.covenanthouseak.org/community_services_center.html)

Individual and group offerings include counseling and referral, pre-employment skill development, medical clinic, educational services, food and clothing, specific classes/ groups, and an outreach program.

## Youth Resources

**Alaska Children's Services** 346-2101  
4600 Abbott Rd.  
[www.akchild.org](http://www.akchild.org)

Care and treatment for children and families who need special assistance to develop self-esteem. Residential treatment for children/ adolescents with moderate to severe emotional and behavioral disorders.

**Cook Inlet Tribal Council Family Services** 265-5911  
670 W. Fireweed Lane  
[www.citc.com](http://www.citc.com)

Services for families at risk through family assessment workers, family support plans and services for Alaska Native families.



**Covenant House Crisis Center** 609 F Street 272-1255

**Youth Resource Center** 750 W. 5th Ave. 258-4237

Individual and group offerings include counseling and referral, pre-employment skill development, medical clinic, educational services, food and clothing, specific classes/groups, and an outreach program.

**Covenant House** Toll Free # 1-800-999-9999

### **Missing and Runaway Children**

Covenant House Alaska and the Anchorage Police Department's Crimes Against Children Unit assist parents and families with resources and reporting. For national support and resources contact the National Center for Missing & Exploited Children.

**Missing Persons Clearinghouse** 269-5497  
5700 E. Tudor Rd.

**National Center for Missing & Exploited Children** Toll Free  
1-800-THE-LOST (1-800-843-5678)  
[www.beyondmissing.com](http://www.beyondmissing.com)

**APD Detective - Crimes Against Children Unit** 786-8817

### **Elder Abuse**

Harm to vulnerable adults resulting from abandonment, abuse, exploitation, neglect or self-neglect. This abuse is intentional or reckless non-accidental non-therapeutic infliction of pain, injury, or mental distress and includes sexual assault of a vulnerable adult. See page 32 for sexual assault information.

**Adult Protective Services** 269-3666  
State of Alaska, 3601 C Street, Ste 310 Toll Free 1-800 478-9996  
[www.hss.state.ak.us/dsds/aps.htm](http://www.hss.state.ak.us/dsds/aps.htm)

Information and referral, investigation of reports, protective placement, guardianship or conservatorship counseling, care coordination, training and designation of local community resources to provide services. Intervention and prevention of harm from occurring to vulnerable adults.

**Office of the Long Term Care Ombudsman**      **334-4480**  
State of Alaska      **Toll Free 1-800-730-6393**  
3745 Community Park Loop, Ste 200  
www.akoltco.org

The Long Term Care Ombudsman is a specially trained and certified state employee. The Ombudsman can investigate and resolve complaints, visit homes to meet with residents and evaluate conditions and ensure that residents are receiving legal, financial, social, medical, rehabilitative and other services to which they are entitled.

### **Animal Abuse**

Animal abuse occurs when a person knowingly inflicts severe physical pain or prolonged suffering on an animal; or fails to care for an animal, causing harm or death. It has been identified as an indicator of domestic violence. When animals are abused, people are often at risk; when people are abused, animals are likewise in danger. See page 33 for domestic violence information.

**Animal Control Dispatch**      **343-8119**  
4711 S. Bragaw St.  
Responds to requests for services regarding animal cruelty, animal bites, loose animals, barking dogs, and injured animals.

**Friends of Pets**      **562-2535**  
Provides safe haven for pets belonging to women needing to enter AWAIC (coordinated by AWAIC staff). Can provide monetary assistance for emergency pet medical needs and housing for pets during crisis. A food bank of pet food is also available.

## Sexual Assault

Sexual Assault is a crime and occurs when consent is not given for sexual contact, intercourse, or penetration. Objects or weapons can be used for penetration. It is also a crime if someone attempts to have sexual contact, intercourse or penetration with someone without their consent or if one consents under threats of harm. Males and females can be victims. Incest is a sexual assault crime when a person 18 years of age or older has sex with a person who is related by whole or half blood, such as their parent, child, sibling, grandparent, grandchild, uncle, aunt, cousin, nephew or niece.

**Standing Together Against Rape (STAR) 276-7279**  
1057 W. Fireweed Lane, Ste 230 (24 hour crisis line) 276-7273  
www.staralaska.com

Serves victims of sexual assault, their families and friends. Offers legal referrals (if requested), court advocacy and monitoring, assistance with obtaining sexual assault, stalking and domestic violence protective orders, support groups, and counseling. Also offers specialized client and educational services for children, Alaska Natives, seniors, and the developmentally disabled.

**Municipal Sexual Assault Response Team (SART) 343-4697**  
1200 Airport Heights Dr., Ste 275

The SART team includes law enforcement, specially-trained nurses and a Standing Together Against Rape (STAR) advocate to provide emotional support and information. Medical examinations are provided and an investigation is conducted.

**JBER Sexual Assault Prevention and Response Office**  
24 / 7 Hotline 384-7272

Victim advocates provide essential support, liaison services, and care to sexual assault victims.

**Sexual Assault Response Coordinator 384-6948**

**Chaplain 384-5433**

**Community Mental Health 384-0405**

**JBER-Elmendorf Emergency Room 580-5555**

**JBER-Richardson Military Police (MP) 384-0823**

## Stalking

Stalking is a crime and occurs when a person engages in repeated acts of contact without consent, placing a person or family member in fear of physical harm or death. Repeated acts of non-consent contact can include:

- Recurring phone calls, mail or e-mails.
- Leaving or delivering objects to one's home.
- Approaching or confronting one in a public place or on private property.
- Appearing at a person's workplace or residence.

## Domestic Violence

Domestic Violence is a crime defined as emotional, physical, and/or sexual abuse between intimately involved partners, roommates, or family members. Often times abusers use physical and sexual violence, emotional insults and economic deprivation to dominate and manipulate their partners. No legal relationship allows anyone to be abused. Emotional abuse is the use of intimidation as a tactic to attempt to control the other persons' actions or behavior. Physical abuse is any physical contact used to threaten or harm another person. Sexual assault is unwanted sexual contact, touching, or intercourse.

**Abused Women's Aid In Crisis, Inc. (AWAIC) 279-9581**  
100 W. 13th Ave. (24 hour crisis line) 272-0100  
[www.awaic.org](http://www.awaic.org)

Safe shelter for women and children impacted by domestic violence. Offers shelter, food and clothing, financial assistance, counseling, advocacy and community education. Six month case management provided through the Moving Forward Program.

**Alaska Native Women in Anchorage (Willa's Way) 729-5070**  
[www.scf.cc/services/willasWay.ak](http://www.scf.cc/services/willasWay.ak)

Women from rural areas often function better in an intimate setting. AWAIC and Southcentral Foundation offer the Willa's Way program, where women live in smaller safe houses and have a dedicated case manager.

**Anchorage Domestic Violence Prevention Project**      **743-5708**  
(ADVPP) - at AWAIC  
Partnership between the Municipal Department of Health and Human Services, Interpersonal Violence Prevention Program, the Anchorage Police Department, the Municipal Prosecutor's Office and AWAIC. Provides information and financial assistance to domestic violence victims. *For questions, during business hours call 343-6321.*

**Interpersonal Violence Prevention**      **343-6321**  
Municipality of Anchorage  
Department of Health and Human Services  
825 L Street, Ste 508  
Implements public health prevention and intervention strategies that address domestic violence, sexual assault and child abuse and neglect.

**Municipal Prosecutor's Office**      **343-4250**  
632 W. 6th Ave.  
Assists crime victims with the criminal process, including preparation of victim impact statements, trial process, restitution and Violent Crimes Compensation Board (VCCB) applications, registration with Victim Information Notification Everyday (VINE), referrals for appropriate resources and accompaniment to hearings.

**JBER Elmendorf AFB Family Advocacy Program**      **580-5858**  
5955 Zeamer Ave.  
Promotes readiness by supporting and building healthy families and communities; continuously improving policies and programs; and preventing and intervening in incidents of family maltreatment.

**JBER Fort Richardson Family Advocacy Clinic**      **384-0405**  
(Troop Medical Clinic-Duty Hours)  
Takes reports of child and spouse abuse, offers individual, family and group therapy, marriage counseling and crisis intervention. Services designed to help individuals and families lead a fulfilling life and cope during times of stress.

## **Federal Domestic Violence Laws**

### **Gun Control Act**

Changes to the Gun Control Act by the Violence Against Women Act (VAWA) made it a federal crime in certain situations for domestic violence abusers to possess guns. Federal domestic violence crimes are felonies and include crossing state lines (military bases and Indian country) to physically injure, stalk, harass or violate a qualifying protective order. A crime under the Gun Control Act includes possessing a firearm and/or ammunition while subject to a qualifying protective order or after conviction of a domestic violence misdemeanor.

#### **For local assistance call:**

**United States Attorney's Office Alaska Victim/ Witness  
Coordinator Assistance Unit** 271-4273

**FBI Anchorage** 276-4441

**Alcohol, Tobacco, Firearms, Anchorage Field Office** 271-5701

## **Immigrant Issues**

The Department of Homeland Security will not be contacted if you seek police protection, medical care or social service assistance in response to domestic violence. Your immigration status is irrelevant to your safety and protection.

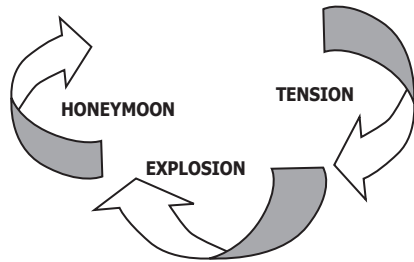
#### **For information call:**

**Refugee Assistance & Immigration Services** 276-5590  
Catholic Social Services

**Alaska Immigration Justice Project** 279-2457  
431W. 7th Ave., Ste 208  
[www.akijp.org/aboutus.htm](http://www.akijp.org/aboutus.htm)

AJJP is a nonprofit agency that provides low-cost legal services in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

# CYCLE OF VIOLENCE



**DOMESTIC VIOLENCE USUALLY OCCURS IN 3 CYCLES.**

## **TENSION BUILDING**

Stress in the relationship begins to build and situations may become tense.

## **EXPLOSION**

The tension in the relationship is released when one person becomes violent.

Acts of hostility, violence or threat of harm may be Emotional, Physical, Sexual, or Economic.

## **HONEYMOON**

Violent person apologizes, recommits to love, and promises not to do it again.

Unfortunately, the whole cycle will begin again and continue until something occurs to break the pattern. Ideally police intervention, followed by treatment for the offender interrupts the cycle rather than serious injury or death.

*Cycle of Violence adapted from the  
Domestic Abuse Intervention Project, Duluth, MN  
[www.theduluthmodel.org](http://www.theduluthmodel.org)*

## The Power and Control Wheel

Domestic violence is often motivated by maintaining power and control over another person. Other forms of abusive behavior besides physical or sexual assault are harmful as well.

- Intimidating you with threats, gestures, glares, screaming, yelling, whispering or mouthing out threats, destroying objects or cherished items, and harming pets.
- Calling you names. Telling you you're "not good enough" or you're crazy, ignoring you, instilling doubt in yourself or making you feel guilty.
- Isolating you from your family or friends by limiting contact, putting your friends or family down while in their company or when you're alone, or using jealousy to keep you from family and friends.
- Blaming you for the violence. Telling you that it's your fault it happened or your fault that there is a problem. Denying their abusive behaviors or saying you are exaggerating things.
- Denying their abusive behaviors or saying you are exaggerating things.
- Using children to make you feel guilty, to relay messages, or to maintain contact with you. Threatening to hurt the children if you don't do as you're told.
- Saying male privilege gives them the right to treat you with less respect, be the "king of the castle", not allow you to make "big decisions" or determine what's best for you or the family.
- Economic abuse is keeping you from getting or keeping a job, making you ask for money, or not allowing you equal access to finances.
- Coercing you to do things you don't want to do such as drop assault charges, and threatening you with suicide, financial failure, or family problems if you don't do what you are told to do.

All of these are examples of behaviors to keep "power" and "control" over you.



## Risk Factors

Several risk factors have been associated with increased risk of homicides (murders) of women and men in violent relationships. This does not predict what will happen in your case, but you should be aware of the danger of homicide in situations of abuse and see how many of the risk factors apply to your situation.

- 1. Violence frequency increased?
- 2. Severity of violence increased?
- 3. Weapon or threat of a weapon?
- 4. Guns in house?
- 5. Forced sex?
- 6. Illegal drug use?
- 7. Threats to kill?
- 8. Capable of killing?
- 9. Drunk or on drugs?
- 10. Attempts to control daily activity?
- 11. Beaten while pregnant?
- 12. Violent or constantly jealous?
- 13. Offender threatened or attempted suicide?
- 14. Violent towards kids?
- 15. Uses degrading names?
- 16. Has he killed pets?
- 17. Have you attempted to leave with in the past year?  
How many times? \_\_\_\_\_
- 18. Is offender working or unemployed?
- 19. Children with offender?
- 20. Has the offender tried to strangle you?
- Total

*Adapted from the Danger Assessment By Jacquelyn Campbell, Ph.D., R.N*  
[www.dangerassessment.com](http://www.dangerassessment.com)

***Stalking is also a risk factor  
in domestic violence homicide cases.***

*Homicide Studies  
Stalking and Intimate Partner Femicide  
Vol. 3, No. 4, November 1999*

**PLEASE KEEP IN MIND...  
ALL DOMESTIC VIOLENCE VICTIMS  
ARE AT RISK OF HOMICIDE.**

**Safety Plan**

Sometimes, the only safe choice for you and your child(ren) in domestic violence situations is to leave. Remember though, that leaving or ending a relationship is a very dangerous time. Being prepared will allow you to leave quickly and safely. Here are some ideas:

**Pack a suitcase and store it with a friend or neighbor.** Include a change of clothing for you and your child(ren), personal toilet articles and an extra set of keys to the house and car. Be sure to take a special doll, toy or book for your child(ren).

**Keep important items/ documents in an easy-to-locate but safe place.** Important items include prescription medicine, medical records for you and your child(ren), ID'S such as birth certificates, social security cards, voter registration cards and driver's license. Financial records such as mortgage or rent receipts and the title to the car are important. If possible, try to have extra cash handy. Also set aside an extra checkbook, savings account book or credit cards. Be sure to have a list of important telephone numbers with you, such as family, police, friends, or emergency shelters.

**Plan ahead where you will go and how to get there.** Arrange for a safe place for you and your child(ren) to go at anytime- day or night. Tell only a trusted friend or family member where you plan to go.

**Call the police.** Domestic violence is a crime. When the officer arrives, ask for a copy of the Anchorage Community Emergency Advocacy Resources Booklet, also known as the Little Blue Booklet (LBB). The back of the LBB provides the officer's badge number, your case number and other important information for your case.

**Tell your doctor or go to the emergency room if you are hurt.** Give your doctor or emergency room staff complete information about how you were injured. Ask for a copy of the medical record. This information may be helpful if you want to make a report to the police.

### **Information For Victims of Domestic Violence**

Alaska Statute 18.65.520, Notification to Victims of Domestic Violence. A peace officer investigating a crime involving domestic violence shall orally and in writing inform the victim of the rights of victims of domestic violence and the services available to them. The notice must be in substantially the following form:

**If you are the victim of domestic violence and you believe that law enforcement protection is needed for your physical safety, you have the right to request that the officer assist in providing for your safety, including asking for an emergency protective order. You may also request the officer to assist you in obtaining your essential personal belongings and locating and taking you to a safe place, including a designated meeting place or shelter, the residence of a household member or friend, or a similar place of safety.**

In Anchorage, the Abused Women's Aid in Crisis, Inc. (AWAIC) is located at 100 W. 13th Ave. Phone: 279-9581.

**24 HOUR CRISIS LINE - 272-0100**

If you are in need of medical treatment you may request the officer assist you in obtaining medical treatment. You may obtain information about whether the prosecuting attorney will file a criminal complaint about the incident. Additionally, the victim/witness assistance program of the Department of Law may be able to help you. This information is available from the district attorney's office, which is located at 310 K St, Ste. 520, phone 269-6300. You also have the right to file a petition in court requesting a protective order (See Page 43 for information about Protection Orders) that may include any of the following provisions: (1) prohibit your abuser from threatening to commit or committing further acts of domestic violence; (2) prohibit your abuser from stalking, harassing, telephoning, contacting, or otherwise communicating with you, directly or indirectly; (3) remove your abuser from your residence; (4) order your abuser to stay away from your residence, school, place of employment; or any other specified place frequented by you or another designated household member; (5) prohibit your abuser from entering your vehicle or a vehicle you occupy; (6) prohibit your abuser from using or possessing a deadly weapon if the court finds your abuser was in the actual possession of or used a weapon during the commission of your abuse; (7) direct your abuser to surrender any firearm owned or possessed by that person if the court finds your abuser was in the actual possession of or used a fire-arm during the commission of your abuse; (8) request a peace officer to accompany you to your residence to ensure your safe possession of the residence, vehicle, or other items, or to ensure your safe removal of personal items from the residence; (9) award temporary custody of a minor child to the petitioner and may arrange for visitation with a minor child if the safety of the child and the petitioner can be protected; (10) grant you possession and use of a vehicle and other essential personal effects; (11) prohibit your abuser from consuming controlled substances; (12) require your abuser to pay support for you or a minor child in your care if there is an independent legal obligation of your abuser to support you or the child; (13) require your abuser to reimburse you for your expenses caused by dom-

estic violence, including medical bills, or for your costs in getting a protective order; (14) order your abuser to participate in an intervention program for batterers; and (15) other relief the court determines to be necessary for your safety. The forms you need to obtain a protective order are available from the nearest court. It is not necessary to have an attorney to obtain a protective order, but you may consult an attorney if you choose. If you would like help obtaining a protective order, you may contact AWAIC at 279-9581.

AWAIC can also tell you about other resources available for information about domestic violence, treatment of injuries, and places of safety and shelter.

You may also qualify for compensation from the **Violent Crimes Compensation Board: 1-800-764-3040**.

If the victim of domestic violence does not understand English, the police officer shall make reasonable efforts to inform the victim of the services and rights specified in this section in a language the victim understands.

### **General Info for All Victims of Crime**

**Violent Crimes Compensation Board Toll Free 1-800-764-3040 (VCCB) Financial Assistance, State of Alaska**

The VCCB may be able to help with unexpected costs directly resulting from a crime. Eligible victims may be assisted with medical or counseling costs, lost wages and other losses. To receive financial assistance, there are certain things you must do. For example:

Report the crime to law enforcement within five days, or as soon as is reasonable and file an application form with the VCCB within two years from the date of the incident. The VCCB will make the final decision on whether to pay for expenses/costs based on eligibility requirements under State law. You can get a VCCB application form at the Anchorage Police Department, State Troopers Office, District Attorney's Office, local hospitals, STAR and Victims For Justice. Also, available on line at: [www.state.ak.us/admin/vccb](http://www.state.ak.us/admin/vccb).

## **Protective Orders**

Protective orders are available for stalking, sexual assault and domestic violence. They are designed to prohibit a person from threatening or committing certain actions.

To request a protective order describe the situation in detail. A magistrate or judge will determine whether or not to issue a protective order based on information provided. The list below describes what can/may be considered in deciding to issue an order.

**Stalking** can include:

- repeated non consensual contact.
- recurring phone calls, e-mails or mail.
- leaving or delivering objects (gifts, letters) to one's home.
- approaching or confronting one in a public place or on private property.
- appearing at a person's workplace or residence.

**Sexual Assault** means a sexual act took place:

- without consent.
- without consent due to incapacitation or a mental disability.
- by someone in a position of authority or one's legal guardian.
- with a minor by an adult.
- with a minor by another minor.

**Domestic Violence** occurs when there is emotional, physical, and/ or sexual abuse between household members such as a current or former: spouse; dating partner; relative or roommate. Some considerations are:

- being injured.
- being threatened with physical or sexual injury.
- being threatened with death or suicide.
- stolen or damaged property.

## Protective Order Conditions

**Stalking and Sexual Assault Protective Orders** limit communication and contact, directly or indirectly; and order the recipient to stay away from the requester's home, place of work, school or any place the requester may frequent.

**Domestic Violence Protective Orders** limit communication and contact, grant temporary custody of children and child support, grant possession of a residence and/or vehicle and require reimbursement of expenses.

### Types of Protective Orders

There are three types of protective orders.

**Emergency**—*72 hours*. Obtained by a police officer on a victim's behalf with consent and upon request.

**Ex parte**—*20 days*. Victim must request extension of emergency protective order in person from a magistrate at court hearing. After 20 days it can be extended to six months.

**Long Term**—*6 months* for stalking and sexual assault. One year for domestic violence. Victim can request hearing before magistrate to extend after expiration.

When filling out the petition, you may request both an ex parte order and a hearing for a long term order (six months or one year).

There is no charge to file for a protective order. You may request through the court to keep home or telephone information confidential.

Protective orders are available on the Alaska Court web site: <http://courts.alaska.gov/shcdv.htm> or at the Boney Court House at 303 K. St. Domestic Violence Office, M-F, 8:00 am – 9:00 pm, weekends noon to 8:00 pm, call 264-0616.

*After hours call APD Dispatch (786-8900) and ask an officer to file an emergency 72 hour protective order.*

## **Victim Information and Notification Everyday**

**or**

**VINE**

<https://www.vinelink.com/vinelink/siteInfoAction.do?siteId=2001>

*VINE is a free, anonymous, computer-based service that provides victims of crime two important services: information and notification.*

VINE monitors all adult offenders housed in Alaska Department of Correction (DOC) facilities. Callers may register for an automatic notification call when an offender is released, transferred, placed on furlough, or dies in custody.

**Offender custody information      Toll Free 1-800-247-9763**

Callers use basic information to search the VINE offender database. VINE will quickly tell you if the offender is still in custody. Victims may call VINE from any touch-tone phone, any time, to check on an offender's custody status.

To register for automatic notification, provide registration information to the arresting officer, or call the VINE hotline. If you are not sure you are registered, call the DOC Victim Service Unit at 1-877-741-0741. VINE will keep trying to reach you if there is no answer or the line is busy. VINE will call every half hour for 24 hours. The service will leave a message on an answering machine, but will continue to call every two hours for the 24-hour period. VINE calls automatically when an offender's custody status changes; therefore notification calls may come in the middle of the night. However, notifications on the death of an inmate will be restricted to between the hours of 7 a.m. and 10 p.m.



## NOTES

**NOTES**

**ANCHORAGE  
DOMESTIC VIOLENCE  
PREVENTION PROJECT II  
(ADVPP II)**

**IF YOU ARE A VICTIM OF  
DOMESTIC VIOLENCE AND NEED  
INFORMATION OR FINANCIAL  
ASSISTANCE, CALL**

**743-5708**

This project is a partnership  
between the Anchorage Police  
Department, AWAIC, the Municipal  
Department of Law, and the  
Municipal Department of Health  
and Human Services

ADVPP II is funded by U.S. D.O.J.,  
Office of Violence Against Women,  
Grant # 2005-WF-AX-0103 to the Municipal DHHS

**Protective Order Questions**

For questions on current protective orders call the Alaska Court System at 264-0616. If you call after normal business hours (see below), leave a message. Someone will call you back.

Protective orders are available on the Alaska Court web site: <http://courts.alaska.gov/shcdv.htm> or at the Boney Court House at 303 K. St. Domestic Violence Office, M-F, 8:00 am – 9:00 pm, weekends noon to 8:00 pm, call 264-0616.

After hours call APD Dispatch (786-8900) and ask an officer to file an emergency 72 hour protective order.

October 2012

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Municipality of Anchorage

Department of Health and Human Services

Interpersonal Violence Prevention Program

P.O. Box 196650

Anchorage, AK 99519-6650

(907) 343-6321 or (907) 343-4876

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Case Number: \_\_\_\_\_

Officer's Name: \_\_\_\_\_

Next Court Appearance: \_\_\_\_/\_\_\_\_/\_\_\_\_

Time: \_\_\_\_\_ Nesbett / Anchorage Jail

Anchorage Police Department 786-8500

Alaska State Troopers 352-5401

DV Petition Forms 264-0615

APD DV Investigative Officer 343-4199

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