



# SHARE WHAT GIVES YOU STRENGTH

“Strength comes from teaching our way of life: getting wood, fishing, hunting, helping people in our community, and being an example for the next generation. If you have forgotten your strength, remember: There’s hope. There’s joy. There’s love. There’s peace. Everywhere.”

**Ozzy (Joseph) Friday**

Share what  
gives you strength at  
[recoveralaska.org/share-your-strength](https://recoveralaska.org/share-your-strength)



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